



Cyan Magenta Yellow Black

**Fun in the sun***'Hamilton's Own' lets loose at organization day*

Pages 8 and 9

Fort Riley Post

Friday, September 29, 2006

America's Warfighting Center

Vol. 49, No. 39

**Running away***Co. A, 610th BSB runs away with another victory.*

Page 15

Post news briefly**Soldier found dead near Wamego**

Local police officials found a dead Fort Riley Soldier Sept. 20 near Wamego.

Dead is Pvt. Charles E. Lynch, 26, of Roseburg, Ore. He was assigned to Company B, 1st Battalion, 28th Infantry. He was an infantryman in the unit.

Lynch joined the Army in September 2005 and came to Fort Riley in January 2006.

The incident is under investigation by the Criminal Investigation Division.

Post planning to celebrate Hispanic history

The 1st Infantry Division Equal Opportunity Office will sponsor Fort Riley's celebration of Hispanic Heritage Month from 11:45 a.m. to 12:45 p.m. Oct. 11 at Riley's Conference Center.

The celebration theme is "Hispanic Americans: Our Rich Culture Contributing to America's Future."

The program is free and open to all Soldiers, their families, civilian employees and members of surrounding communities.

Open season health fair scheduled

The 2007 Open Season Health Benefits Fair is scheduled for 9 a.m. to 2 p.m. Nov. 30 in Riley's Conference Center.

FEHB Plan representatives will be on-site to answer questions, provide information and distribute open season health care packets.

Occupational Health representatives also will be on-site to give free blood pressure checks.

Stay in Step with Fort Riley

See what's happening on Fort Riley.

Tune in to Fort Riley cable channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m. or watch the show at 5 a.m. every Saturday and at 11 a.m. most Saturdays on WIBC TV, Channel 13.

This week's show, which runs on the post's cable channel 2 Oct. 2-8, includes:

- The post's POW-MIA ceremony

- Graduation of a Navy Military Transition Team heading to Iraq

- A story about the "Humvee" rollover simulator used to training teams going to Iraq and Afghanistan

- Information about the upcoming Consolidated Federal Campaign

- An interview with Col. John Sackett on Combat Related Special Compensation

- A feature about the 97th MP Battalion's upcoming deployment



AFPS Photo/Moss

A member of the 3rd U.S. Infantry presents Rachel Kleisinger a folded U.S. flag during the Sept. 26 funeral of her uncle, formerly missing U.S. Army Pvt. Francis Lupo.

WWI Soldier buried

By Steven Donald Smith
AFPS

ARLINGTON, Va. — Eighty-eight years after being killed in action along the not-so-quiet Western Front of World War I, Army Pvt. Francis Lupo of Cincinnati was buried Sept. 26 with military honors at Arlington National Cemetery.

Lupo, then a member of Company E, 18th Infantry Regiment, 1st Infantry Division, is the first U.S. servicemember classified as missing in action from World War I to be identified.

"Based on our search of the records, this appears to be the first (WWI Soldier) ever that was missing in action, found and returned home," said Larry Greer, spokesman for the Pentagon's Defense Prisoner of War/Missing Personnel Office, which leads the national effort to account for personnel missing as the result of hostile action. "No one would have ever thought that he could have possibly

been found, but he was found."

Lupo's casket was carried by horse-drawn caisson through the cemetery before receiving a 21-gun salute. Lupo's next-of-kin, Rachel Kleisinger, 73, was presented with an American flag during the burial ceremony. Kleisinger is Lupo's niece. She was born to Lupo's youngest sister 15 years after the end of WWI.

Several French military officers attended the burial ceremony.

Lupo, the son of Sicilian immigrants, was 23 years old when he was

See Missing, Page 2

Signing on



Post/Heronemus

Command Sgt. Maj. James Savitski, 3rd Bde., 1st Armored Div.'s, top NCO, helps Chester V lift his paw during an oath of enlistment read by Col. Norbert Jocz, brigade commander, at a special ceremony Sept. 22 that officially recognized the American bulldog as the brigade's new mascot.

3rd Brigade enlists bulldog mascot

By Mike Heronemus
Editor

The 3rd Brigade, 1st Armored Division, added a new enlisted member to its ranks Sept. 22. The new private stands out in any crowd of the brigade's Army Combat Uni-

form-clad Soldiers because he's furry, white and brown with four legs and the "face only a mother could love."

That's how Col. Norbert B. Jocz, the brigade's commander, described Chester V, the unit's new mascot.

The 95-pound American bulldog was a gift to the brigade from an animal shelter

in Nebraska. Historically, he is the fifth bulldog mascot for the 3rd Bde. But just being a bulldog wasn't enough to earn Chester V a place among the brigade's rank and file.

"He has been through the veterinarian

See Mascot, Page 4

Vet services wins command award

Veterinarians lauded for going above, beyond mission

By Anna Morelock
Staff writer

The Soldiers at Fort Riley's Veterinary Services do more than give Fido and Fluffy their rabies shots. They do a lot more and have been recognized for all they do with the Above and Beyond award presented by the U.S. Army Veterinary Services Command.

The award recognizes veterinary service branches that go

above and beyond their regular missions of food inspection and taking care of military animals. It was awarded to two installations this year, Fort Riley and Fort Carson, Colo.

Staff Sgt. David Bartholomew, noncommissioned-officer-in-charge of the Veterinary Treatment Facility, said he thought the award reflected the pride that the Fort Riley Vet Service Soldiers and civilians have for their branch.

The small branch has only 11 Soldiers and three civilians assigned. It is responsible for the health and care of 20 military working dogs, 17 horses, two mules and about 7,000 privately owned animals.

Besides treating animals, the Soldiers are responsible for inspecting and ensuring the quality and safety of about \$25 million worth of food delivered annually to Fort Riley.

"I think the big thing is it's put

out VETCOM-wide," Bartholomew said about the importance of the award. "We're all over the world and pretty much at any base."

"That's the whole pride thing," he explained, "of the whole VETCOM world, all these branches, that we actually won the thing."

Besides food safety and animal care, the Fort Riley Vet Services staff has gone above and beyond

See Vet award, Page 6

6 post civilians begin program

Flint Hills class to develop leader skills

By Aileen M. Cray
Executive Director

Six Fort Riley employees are among 25 people picked to attend the 2006-2007 Flint Hills Regional Leadership Class.

Five others represent Geary County, 12 represent Riley County and two represent Pottawatomie County.

Fort Riley class members are:

- Dennis Bailey, deputy director of logistics and chief of plans and policy, U.S. Army Garrison-Directorate of Logistics;
- Betty A. Banner, management analyst, U.S. Army Garrison-Plans, Analysis and Integration;
- Eric R. Childs, education program director, Child and Youth Services;
- Todd K. Douglass of Workforce Development, U.S. Army Garrison;
- Teresa Johnson of Strategic Plans and Operations, Directorate of Morale, Welfare and Recreation; and
- Deb Skidmore, media relations officer, Public Affairs Office.

Junction City class members are Debbie B. Bengtson, administrative assistant to the superintendent, Geary County Schools; Mike Guinn, assistant city manager; Ronda S. Henry, vice president, Central National Bank; David C. Hill, district athletic director, Geary County Schools; Brenda Jordan, assistant public

See Leaders, Page 6



Post file photo

One service the post veterinary service provides is a stray animal shelter.





Soldiers of the 3rd U.S. Infantry carry the casket of formerly missing U.S. Army Pvt. Francis Lupo in Arlington National Cemetery Sept. 26. Lupo was killed in World War I in 1918 in France.

AFPS
Photo/Moss



Missing

continued from page 1

killed in July 1918 while participating in the combined French-American attack on German forces near Soissons, France, in what came to be known as the Second Battle of the Marne.

He was buried in a shallow grave beside another American Soldier.

In 2003, while conducting a survey in preparation for a construction project, a French archaeological team discovered human remains and other items a short distance from Soissons. Among the items recovered were a military boot fragment and a wallet bearing Lupo's name, DoD officials said.

French hand over remains

The French handed the remains and personal effects to U.S. officials in 2004. They were then brought to the Joint POW/MIA Accounting Command at Hickam Air Force Base in Hawaii to begin the analysis and official identification process.

"It's our mission at JPAC to identify all those missing from our nation's past wars," said Troy Kitch, JPAC deputy director of public affairs.

The command was activated Oct. 1, 2003, created from the merger of the U.S. Army Central

Identification Laboratory and the Joint Task Force Full Accounting. The laboratory portion of JPAC, referred to as the Central Identification Laboratory, is the largest forensic anthropology laboratory in the world, officials said.

Kitch explained that the command uses several methods to positively identify people. They look at material evidence, such as Lupo's wallet, as well as anthropological evidence found in bones, to identify basic traits like height, sex and age.

"We look at mitochondrial DNA, which will tell us if that person is related to other people in a family line," Kitch said. "We take a sample of DNA from the remains, and we try to match that up with a family reference sample of someone we think is a family member of the person."

They also use historical evidence to demonstrate that the person being identified "was in that area at that time in that point in history," Kitch said. "We also look at dental," he added.

Teeth are often the best way to identify remains because they are durable, unique to each person and may contain surviving mitochondrial DNA, the JPAC Web site states.

On average, JPAC identifies about six missing-in-action servicemembers each month. To

date, the U.S. government has identified about 1,300 people.

"As of the end of last year, we had identified about 840 people from Southeast Asia (Vietnam-era), about 50 or so from the Korean War and about 360 from World War II, and around 60 from the Cold War," Kitch said.

Forty-nine Americans were listed as prisoners of war or missing in action during the 1991 Gulf War. DoD has now accounted for 48 of those 49.

1 Desert Storm officer still missing

Only one American from Operation Desert Storm, Navy Capt. Michael "Scott" Speicher, remains unaccounted for. In addition, Army Sgt. Matt Maupin, who participated in Operation Iraqi Freedom, has been missing in action in Iraq since April 2004.

World War I, which lasted from August 1914 to November 1918, involved many European countries, the United States and other nations throughout the world. More than 10 million people were

killed and more than 20 million wounded during the war. The United States initially remained neutral, but finally entered the war in 1917 on the side of the Allied powers.

During the course of the war, the United States lost 116,000 troops to combat or illness. According to a recent Washington Post article, about 4,500 of those killed are unaccounted for. The other Soldier buried in France with Lupo is among them.

Only about 12 U.S. WWI veterans are still alive.

Greer stressed that even though the recovery and identification process may take years to complete, the U.S. is committed to identifying all of its missing troops. Lupo's story is a case in point, he said.

"I think it shows for those who wear the uniform, that this nation is committed to bringing them home even if it takes 60, 70, 80 years," he said. "He (Lupo) was brought back and identified by our scientists and now returned to his family here on this hallowed ground at Arlington cemetery."

DoD IDs Airman missing in Vietnam

Department of Defense

The Department of Defense POW/Missing Personnel Office announced Sept. 8 that the remains of a U.S. serviceman, missing in action from the Vietnam War, had been identified and returned to his family for burial with full military honors.

Air Force Maj. Burke H. Morgan of Manitou Springs, Colo., was buried Sept. 7 beside his wife, Mary, at the U.S. Air Force Academy. The service there coincided with his U.S. Air Force Academy graduating class' 45th reunion.

On Aug. 22, 1967, Morgan and a fellow officer took off from Nakhon Phanom air base, Thailand, in their A-26A Invader on an armed reconnaissance mission over Laos. The crew had radio contact on their mission shortly after midnight, but were neither seen nor heard from again. Electronic and visual searches of their last-reported location in Xiangkhoang Province, as well as over the planned flight path, did

not locate the missing aircraft.

A joint U.S.-Lao People's Democratic Republic team traveled to the province in 1993 to interview three informants about various crash sites. The men recalled the 1967 crash, as well as the burial of the crew members. They also stated that one of the bodies was disinterred by unknown persons in 1986.

Four years later, another joint U.S.-Lao team resurveyed the original crash site and requested that the Lao government conduct a unilateral investigation. The Lao government was able to confirm that some remains were exhumed in the mid-1980s and promised to continue its investigation.

Then in 2002, Lao government officials reported that the remains had been turned over to a Lao official in 1987 or 1988, but that the official had since died. His driver, however, had possession of those remains and had been holding them in safekeeping awaiting directions from authorities.

Vietnam Navy aviator returned for burial

Department of Defense

The Department of Defense POW/Missing Personnel Office announced Sept. 20 that the remains of a U.S. serviceman, missing in action from the Vietnam War, had been identified and returned to his family for burial with full military honors.

He is U.S. Navy Lt. Cmdr. James E. Plowman of Pebble Beach, Calif. He was buried Sept. 20 at Arlington National Cemetery near Washington, D.C.

On March 24, 1967, Plowman and a fellow officer departed the USS Kitty Hawk in their A-6A Intruder on a night strike mission of an enemy target in North Vietnam. Radar contact with their aircraft was lost over the Ha Bac Province as they were departing the target area.

A pilot from another aircraft reported two missile warnings on his radar screen immediately before contact was lost with Plowman's aircraft.

Between 1993 and 1996, joint U.S.-Socialist Republic of Vietnam teams, led by the Joint POW/MIA Accounting Command, conducted three investigations in the province. The team interviewed two local villagers who saw the 1967 crash, and both men recalled seeing human remains at the site.

In 1996, another joint U.S./S.R.V. team excavated the suspected crash site. The team found human remains from amid the scattered wreckage.

For more information on the mission to account for missing Americans, visit www.dtic.mil/dpmo/ on the Web.

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1st Bn., 16th Inf., reports 'from the war front'

Co. A trains, supports Horn of Africa mission

By 1st Lt. Stephen Pomella
1st Bn., 16th Inf.

CAMP LEMONIER, Djibouti – After arriving overseas in March 2006, Company A, 1st Battalion, 16th Infantry, went to work almost immediately to support Combined Joint Task Force –

Horn of Africa.

The company's overall mission is to prevent the spread of terrorist activity and conditions fostering the growth of terrorism in the area. Horn of Africa operations contrast starkly with what American units are doing in other theaters; yet, it's a mission that is no less important or crucial to the

success of the war on terrorism – winning the hearts and the minds of the local people.

A few months into their deployment, Co. A Soldiers have found much of their time divided between supporting various missions in the region and honing their technical skills with a multitude of different training exercises.

Military-to-military training is one tool commonly used by CJTF-HOA to combat the spread of terrorism. The aim is to increase the effectiveness of host nation militaries against terrorist organizations while imparting to them values garnered from the Law of Land Warfare and Geneva Convention.

So far, Co. A instructors have completed counter-terrorism training for one company of the Ugandan People's Defense Force and one Noncommissioned Officer Course for 43 UPDF NCOs.

Winning the battle for the hearts and minds of the locals is also facilitated through various community programs conducted with the permission of the local political leadership and military. From drilling wells to renovating schools, CJTF-HOA's maneuver forces of Army engineers, civil affair teams and Navy Sea Bees, receive support from Co. A with force protection detachments.

Although present for security, Co. A Soldiers have a chance to interact with the local population and serve as ambassadors from the United States.

Each of the company's five



Photo provided by Co. A, 1st Bn., 16th Inf.
Soldiers of Co. A, 1st Bn., 16th Inf., wait for a U.S. Marine Corps helicopter to land during some of their interservice training in the Horn of Africa recently.

Co. B arrives, preps to train in Kuwait

By Pfc. Jason Sturgis

Co. B, 1st Bn., 16th Inf.

After 60 hrs on an airplane, we made it. We landed in Kuwait on a Tuesday around midnight and didn't get to sleep until around 7 p.m. that night. Long day.

It isn't that bad here at night; however, the days are well above 100 degrees. Today (Sept. 20) I would guess that it is about 125 to 130 degrees.

The only thing that I truly miss besides the obvious things we take for granted are small things, like ice water and cold drinks.

This morning we did

deployment PT (physical training). It starts at 3 in the morning so it is over before the intense heat sets in. Tomorrow (Sept. 21) we start all of our actual training.

Just in case you guys are wondering, when it is 11 a.m. here, it is 3 a.m. in Kansas.

By the way, send care packages. For anybody wondering what to send, packets of Gatorade/Powerade powder, protein bars, vitamins, Vitamin C drops, babywipes are pretty much all that I have come to know at this point.

I'm sure there will be other odds and ends that I discover would be handy later on down the road.



DAILY UNION
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Soldiers of 3rd Bde. companies file past Chester V and give him a pat of welcome after the formal enlistment ceremony for the brigade's new bulldog mascot Sept. 22 at Custer Hill Parade Field.

Post/
Heronemus



Command Sgt. Maj. James Savitski, the 3rd brigade command sergeant major, adjusts Chester V's new customized Army Combat Uniform. The uniform was donned by the brigade's new mascot after an enlistment and promotion ceremony Sept. 22. Chester V is unofficially a private in the brigade.

Post/
Heronemus

Mascot

continued from page 1

here on post and received a clean bill of health," Jocz said. He ran with the brigade headquarters staff Sept. 21 and passed his physical fitness test that morning, said Brigade Command Sgt. Maj. James Savitski. He later posed for his first command photo, which Jocz said would be displayed in all companies with other photos of the brigade's chain of command.

With all the preliminary qualifying out of the way, Jocz administered the oath of enlistment Sept. 22 as Savitski helped Chester V raise his paw in response to the oath given at the ceremony on Custer Hill Parade Field in front of the brigade headquarters.

Four mascots preceded Chester V

Chester V was preceded by a notable history of brigade mascots traced back to Chester I, who was the mascot when 3rd Bde. was stationed at Fort Stewart, Ga., in 1964.

Chester I reportedly made a notable impression on the late President John F. Kennedy, who visited the brigade and watched the mascot riding on top of the Bulldog Six vehicle, inspiring the brigade's Soldiers.

He also let Kennedy pet him during the ceremony's pass in review, Jocz said.

When the brigade transferred to Germany, Chester II was not allowed to deploy with the unit and remained at home, cared for by a loving family.

The brigade operated without a mascot from 1971 to 1983, but in early 1983, Soldiers of the brigade raised almost \$1,000 to buy a new mascot, Chester III, from a Belgian dog breeder.

Chester III served honorably with the brigade from May 11, 1983, to May 11, 1989. He rose to the rank of "Honorary Sergeant" before retiring and receiving the MMM (Meritorious Mongrel Medal) and a Certificate of Appreciation.

Chester IV had a more dubious period of service. Records show he was kidnapped on April 4, 1992, by the notorious "Bulldog Abusers Revolutionary Council" known as BARC.

BARC demanded 10 cases of beer, five large pizzas, a box of corn dogs, a bottle of flea and tick spray, a fully fueled 747 with crew including 15 stewardesses and one steward, a copy of "Old Yeller," a copy of "Turner and Hooch," a copy of K-9, a copy of all Benji movies and three Spud McKenzie posters.

The 3rd Bde., in keeping with American policy, refused to negotiate with the terrorist organization. BARC grew tired of Chester IV and returned him unharmed on

April 8 the same year.

Chester V joins the brigade at the young age of 1 1/2 to 2 years old, Jocz said. His exact age is unknown.

The new mascot will live in the brigade headquarters, Jocz said. "We'll all take care of him. We'll have a duty roster (of staff headquarters) Soldiers to feed him, wash him, take him out to training. I'm sure he'll get more love than he's ever had."

"He's an exceptional dog," but Chester has misbehaved at times, the commander said. "He does chew on boots. He likes to eat berets. He has mistaken the carpet upstairs for grass. We're still working on that, and Chester is very receptive to good training," Jocz said.

Earlier mascots have been English bulldogs or other blends of bulldogs, but Chester V is an American bulldog, "and that makes him even more special," Jocz added. "We're fortunate he's an American citizen."

Mike Heronemus can be contacted at mike.heronemus@riley.army.mil or 239-8854.

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Enlistment Order No 223-3

Dated Sept. 18, 2006, with an effective date of Sept. 22, 2006, the order states:

The commander of 3rd Brigade, 1st Armored Division, has reposed special trust and confidence in the patriotism, valor and unique odor of Chester V. In view of these qualities and his demonstrated potential to slobber on everything, as well as his dedicated service to the Bulldog Brigade, he is, therefore, promoted to the grade of PV2. Promotion is not valid and will be revoked if the canine concerned makes doodie anywhere he is not authorized. Promotion constitutes acceptance of a lifetime of canine service from the date of promotion.

Signed: Norbert B. Jocz, Colonel, Armor, Commanding

What's happening in your unit?
The Post wants to publicize interesting and informative articles about all organizations stationed at Fort Riley.
Call the editor at 239-8854. Let's talk.

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Commentary

Friday, September 29, 2006

Fort Riley Post

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Riley Roundtable

This week's question:

The nation and Fort Riley celebrates Hispanic Heritage Month in October. What do you think Hispanics have contributed to America and its society in general?



"Their cultural contributions, music, dancing."

Lisa Ackermann
Student, full-time mom
Military spouse
Hometown: Hattiesburg, Miss.



"They're very hardworking. They have a strong sense of family. Really good food."

Pvt. Rebecca Barrow
Supply specialist
1st Engineer Battalion
Hometown: Pine City, Minn.



"Their culture. It came from Spain. Once a year it's good to remember what has been done. (Hispanic Heritage Month) is a chance to remember and celebrate what's been done."

Spe. Leonildo Carrion
Vehicle mechanic
Division Support Command
Hometown: Deltona, Fla.
(originally from Cuba)



"They've helped build our country. They're part of society, like everybody else, and they always have been."

Spc. Samuel Dudley
Food service specialist
HHC, 610th BSB
Hometown: Lynchburg, Va.



"Music. Most of it is upbeat, kind of a happy mood. Also, the way they dance. Their dancing is different, lively."

Spc. Mary McNulty
Medic
70th Engineer Battalion
Hometown: Silver Lake, Wash.

Letters to the editor:

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. They must include the writer's full name and a phone number where he or she can be reached. Letters may be edited to fit space but never edited to change the writer's viewpoint. Send letters to mike.heronemus@riley.army.mil or fax them to 239-2592.

Editor's note: Following are comments made by Secretary of Defense Donald Rumsfeld Sept. 22 at a Pentagon town hall meeting and reported in an American Forces Press Service story written by Army Sgt. Sara Wood.

Freedom and democracy are what works in the world, and the enemies in the war on terror have hijacked the Islamic faith to promote their own violent agenda and paint a negative picture of America and other free nations.

The idea that the reason there are problems in the world is the United States is baloney. We are not what's wrong with the world.

Any movement that begins with oppression and dishonesty is doomed to failure, and evidence



Donald Rumsfeld

resources, the people in the South are flourishing with one of the world's strongest economies, and the people in the North are starving.

The only difference is the system. The South has a free political system, a free economic sys-

tem and opportunity for people; and the North has a vicious dictatorship, and it has a command economy. That is the difference.

Osama bin Laden and the other leaders in the terror movement are not poor people who have suffered through their lives.

Terror leaders are wealthy, educated people who have chosen to impose their views on everyone around them, and that attitude strikes at the very heart of free people.

That's what we are - people who want to be able to say what we want, think what we want, go where we want, work where we want and get up in the morning and send our kids to school and have high confidence they'll come home.

The war on terror is unlike any conflict the United States has seen, because it does not involve a predictable, organized enemy.

The enemies in Iraq and Afghanistan have changed many times in the last few years and have influences from criminal elements and neighboring countries.

The main problem in Iraq now is power struggles within different factions of the country - struggles that have historically been steeped in violence but must now be solved diplomatically.

The question is: How do you move the debates from weapons to words? That is what they're going through and what they're trying to do.

From the top

America not what's wrong with world

Homeland security

Traveling by air? Leave lipstick at home

By Jacey Eckhart

CinCHouse.com

No one has taken a lipstick away from me since the sixth grade. Back then, Sister Jeannette Nadeau told me that I was not only too young for lipstick, but that tube just wasn't my color.

The airport security chick hovering over the gate agent didn't feel quite the same way. "No gels. No liquids," she said, in the same tone of voice every airport official was using the day after the terrorist attacks in London were averted.

"Not even my gluestick? It's gonna need my gluestick," I said.

"Put it in your checked bag or I will keep it," she snapped.

I didn't argue with her. No one on my flight was about to argue with her. Instead we crouched over our purses and shuffled through our briefcases for every stray gelatinous object.

Then we lined up at the gate and watched the TV guys demonstrate how the ingredients for a bomb could be assembled in the restroom of the plane, how the detonator could be disguised as a cell phone, how the terrorist could return to the most advantageous seat and blow up himself and the plane at will.

Then we watched talking heads yak about the death toll among our servicemembers in Iraq.

Suddenly I was surrounded by people who wanted to talk. All day I had new friends at the airport who wanted to talk about Big Gulp cups and shampoo and water bottles.



Jacey Eckhart

happens to you? What would I do? As if he wasn't flying over Iraq every single day."

I let the conversations go on around me all day, took part in them even. I was glad to talk and talk and talk and not let myself think about the details of the plot outlined in the paper.

Maybe everyone was, because I didn't hear one person talk about the terrorists. No one remarked on the complexity and resourcefulness of the plan. No one was at all concerned over the level of surveillance that had to be taking place in London to catch that group. No one mentioned luck. Instead, we spent our time hoping out loud that they would confiscate Gameboys next and the obnoxious children who play with them the sound on.

We noted that 9/11 meant that we didn't suffer airline food anymore, so maybe this London thing would mean that we wouldn't fight for room in the overhead compartments.

We made a continual listing of what had been thrown away, tucked away, done without. "They took my Chapstick," a guy with a mustache moaned.

"What could I possibly do with a Chapstick? A Chapstick is the Stay-Put Marshmallow man of cosmetics. A Chapstick couldn't hurt anybody."

We all nodded, glad to mock the bureaucracy. When our plane arrived (late) and departed (later), I dug in my carryon for a pen and a notebook.

Two days ago I dug in this same bag and pulled out a pair of scissors during the flight without even thinking about it. I cut out a recipe from a magazine. No one said a thing.

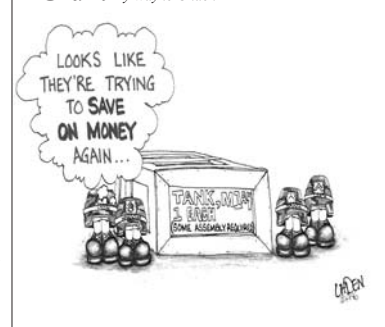
Now I'm giving up my gluestick. I am glad to give up my gluestick. I'd be gladder still if it actually

meant we were any safer. I can't imagine the billions of dollars that would have to be spent to make air travel 100 percent safe.

I can't imagine the law enforcement measures that would have to be created to keep up with the ingenuity of such a smart and motivated enemy. It's much, much easier to focus on the loser movie and having my seat returned to the upright position.

A 19-year military wife. Jacey Eckhart is a nationally syndicated columnist and radio host with CinCHouse.com and the author of *The Homefront Club Naval Institute Press 2004*

Grunt By Wayne Udden



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Interesting articles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Your opinion is important to the Post editor and staff. Please take a moment to tell us how well we are doing our job of keeping you informed about what is happening at Fort Riley. Fax the form to (785) 239-2592 or clip and mail this form to Editor, Public Affairs Office, Building 405, Fort Riley, KS 66442, or drop the form at building 405. You may also send your opinions to the staff by e-mail at mike.heronemus@riley.army.mil.

What are your concerns or suggestions for improvement?

Your name (optional) and phone number (if you would like to talk about your ideas): _____



Post, Army news briefly

Event honors military retirees

Thirteen career Soldiers were honored Sept. 27 at the post's monthly retirement ceremony on Ware Parade Field in front of the 1st Infantry Division headquarters.

Retiring are:

Master Sgt. Marty J. Diskin, Headquarters and Headquarters Company, 1st Battalion, 13th Armor

Master Sgt. Vincent D. Johnson, 24th Transportation Company

Sgt. 1st Class Sallie L. Brown, Headquarters and Headquarters Company, 3rd Brigade, 1st Armored Division

Sgt. 1st Class Tyrone A. Eady, Headquarters and Headquarters Company, 1st Brigade

Sgt. 1st Class Christopher M. Nagy, 89th Reserve Support Command

Sgt. 1st Class Kenneth D. Volkart, Headquarters and Headquarters Company, 1st Battalion, 41st Infantry

Sgt. 1st Class Kenneth Smith Jr., Headquarters and Headquarters Company, 1st Inf. Div.

Staff Sgt. Lolita J. Worthly, 1st Replacement Company

Staff Sgt. Gwendolyn A. Kemp, U.S. Army Medical Department Activity

Staff Sgt. Trina R. Avery, HHC, 1st Inf. Div.

Staff Sgt. Douglass S. Corbett, HHC, 1st Bn., 13th Armor

Staff Sgt. Christopher M. Jacobs, Company B, 125th Forward Support Battalion

Staff Sgt. Warren D. Fulwiley, HHC, 1st Bn., 13th Armor

Post to turn on heating

Post heating systems are scheduled to be turned on starting Oct. 10 in the following order:

barracks, bachelor officer quarters, bachelor enlisted quarters, the 8000 area, community buildings, admin buildings, dining facilities and motor pools.

The heating systems in chapels, child development, medical and dental buildings will be maintained as appropriate.

Family housing occupants control their own heating systems as desired.

The authorized temperature for the heating season is 65 to 70 degrees.

For more information, call Steve Fief at 239-3908.



USAMRMC Photo/Wallace

(Left to right) Spec. Katherine D. Gilmore, Spec. Tara D. Crowe and Pvt. 1st Class Tina M. Campbell offer saliva samples that will be used to test a component in a new antiplaque gum at the Dental and Trauma Research Detachment at Great Lakes, Ill. Researchers hope the gum will one day be included in meals ready to eat to help fend off the tooth decay that occurs during deployments.

Researchers look to reduce decay while being deployed

By Karen Fleming-Michael
USAMRMC

GREAT LAKES, Ill. (Army News Service) — Army researchers at the Dental and Trauma Research Detachment at Great Lakes, Ill., are working to create a product that will help prevent dental decay during deployments.

The researchers are working with a tasteless peptide that helps break up the film that forms on teeth and kills the bacteria that cause oral disease.

Studies show that dental health deteriorates during deployments. One study undertaken by Maj. Georgia dela Cruz in 2004 showed that 3rd Infantry Division Soldiers who deployed to Iraq for six months in 2003 returned home with more than two-and-a-half times the number of cavities they had before deploying.

"The amount of tooth decay that occurred in just six months was overwhelming," said dela Cruz, who treated returning Soldiers at Fort Lewis, Wash., before becoming the public health dental staff officer at the U.S. Army Center for Health Promotion and Preventive Medicine.

Sports drinks, soda, candy and stress all contribute to decay during deployments, but lack of

brushing plays into the equation as well, said Col. Dennis Runyan, head of the research detachment.

"If you've gone a day or two without brushing your teeth and run your tongue over your teeth, you can feel that layer of grunge. It's tough to penetrate," Runyan said. "It's hard to get things down into that biofilm that will actually kill the bacteria."

The peptide's name is a string of consonants — KKVVFVKV-FK-NH2 — and is abbreviated KSL. Dr. Kai Leung, has worked with the peptide from the project's inception to determine its killing power and ability to inhibit bacterial growth.

Leung also developed a model that mimics the environment of the mouth and enlisted the help of lab workers by asking them to donate saliva for his experiments. He's even tested KSL in animal models to make sure that it doesn't affect the intestinal tract like some antibiotics do.

The dental researchers concluded last year, with the help of Dr. Patrick Deluca at the University of Kentucky, that chewing gum is the best way to deliver KSL.

"Just the act of chewing gum in and of itself helps break up the dental biofilm, so you get a mechanical breakup," Runyan

said. "Then we have an added ingredient that actually helps kill and control the oral pathogenic bacteria as you chew the gum."

Because gum is already available in MREs, Runyan said it would be a logical step to include the anti-plaque gum in them.

The Combat Feeding Program officials in Natick, Mass., that Runyan has spoken to aren't making any promises about including it in MREs just yet.

AMERICAN FAMILY INSURANCE
1 x 4"
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1x4 Eagle Auto Ins

Leaders continued from page 1

defender, North Central Regional Public Defender's Office; and Clarence Mahieu, city engineer assistant.

Manhattan class members are Doris Wright Carroll, associate professor, Counseling and Educational Psychology, Kansas State University; Crystal Danker, reservations coordinator, K-State Alumni Association; Jeffrey Hancock, director of public works; Tony Kimmi, business center director, Farm Bureau Mutual Insurance Company; Sara E. Munson, marketing director, Central National Bank; C. Osarczuk, financial advisor, First Command Financial Planning; Tom Phillips, owner, Phillips & Associates; Mike Reed, senior vice president, Community First National Bank; Dana Reinert, program assistant, Institute for Academic Alliances, Kansas State University; and Marilee Whelan, vice president, Landmark National Bank.

Other class members are Patricia Nelson, executive secretary to the chief executive officer and human resource officer, Kaw Valley State Bank, Wamego; John Angela Abts, county extension agent, Pottawatomie County; and Tracy Anderson, owner/partner, Anderson Knight Architects, P.A.

This is the 13th class year for the program that aims to identify and motivate future leaders in northeast Kansas. The selection process was designed to provide a class reflective of the diverse elements of the region.

Class members will be exposed to historical perspectives of the communities, key people, industrial and economic information and the concept of servant leadership and will acquire 21st century leadership skills.

The 2006 program will begin with an overnight retreat Sept. 28 and 29 at the Rock Springs 4-H Center. The class will have the opportunity to participate in many team building activities and begin to acquire new leadership skills. Time will also be spent in Junction City, learning about the community and exploring its recent growth and development.

Other session dates and their locations are:

- Oct. 12 in Pottawatomie County,
- Oct. 26 at Kansas State University,
- Nov. 16 and 17 at Fort Riley,
- Dec. 14 in Manhattan, and
- Jan. 25 in Topeka.

Graduation is set for the evening of Feb. 9.

SETH CHILD CINEMAS
2 x 5.5"
Black Only
2x5.5 Seth Childs Sept. TF

Vet award continued from page 1

their assigned mission this past year by supporting U.S. Department of Agriculture entomology research and animal behavior research at Kansas State University and setting up a booth at the Apple Day celebration to offer information on food safety, pet health, operational rations and the food inspection program on post.

Vet Services participates in the Pet of the Week program with the Public Affairs Office. That portion of the weekly In Step with Fort Riley TV program features a pet up for adoption from the stray facility.

The staff works with local rescue agencies to find homes for strays. Through this stray transfer program, Vet Services has found new owners as far away as Ohio for animals at the facility.

The Soldiers of Vet Services also participate in the National Night Out Against Crime, the Community Action Council on post and the Force Protection Working Group, among other things.

Anna Morelock can be contacted at anna.morelock@riley.army.mil or 239-3032.

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Soldiers, family members and friends gather in King Field House Sept. 22 following a formal deployment ceremony for the 97th MP Bn. "The Guardians" will deploy to Iraq to train Iraqi police.

1st Inf. Div./Smith

Crowd bids battalion 'farewell'

97th MP 'Guardians' will deploy to train Iraqi police forces

By Pfc. Nathaniel S. Smith
1st Inf. Div. P40

A farewell ceremony marking the 97th Military Police Battalion's upcoming deployment to the Middle East in support of Operation Iraqi Freedom paid tribute to "The Guardians" and their family members at King Field House Sept. 22.

The ceremony included speeches by Brig. Gen. James Yarbrough, 1st Infantry Division's assistant division commander for operations, and Lt. Col. Michael Apodaca, the 97th MP Bn. commander, as well as a reading of the deployment orders and the temporary casing of the battalion's colors.

During the upcoming deployment, the unit's primary mission will be to train Iraqi police

throughout the region. This mission is vital to the campaign in Iraq on a strategic level, Yarbrough said.

The MPs are the most demanded, deployed force in the Army, and many initiatives have been implemented in recent years to increase the number of MPs Army wide, he added.

In preparation for the mission, the 97th MP Bn. worked with local police departments to better understand law enforcement in a real-world capacity.

The unit also underwent staff training, field training and cultural awareness training.

"There is no doubt they are indeed trained and ready," Apodaca said.

Spc. Joseph Wichman, an MP with the battalion, said he volunteered for this mission, his second deployment.

"Some of these Soldiers haven't gone over there yet," Wichman said. "I figured if they had someone with more experience, they'd have some more leadership."

Battalion claims notable history

The 97th MP Bn. has plenty of historical combat experience, including service in WWII, the Korean War and the Vietnam War besides serving at the U.S. Army's confinement facility Mannheim, Germany, during the Cold War.

The battalion earned two Republic of Korea Presidential Unit Citations while operating Prisoner of War Enclosure No. 9 in Korea, and it earned the Republic of Vietnam Gallantry Cross with palm while conducting logis-

tical operations and maintaining law and order in Cam Rahn Bay, South Vietnam.

The distinction "with palm" signifies the issuance of the award to a unit rather than an individual. The unit must distinguish itself on the same level as would be required for the individual award.

In Vietnam, the 97th MP Bn. escorted a convoy more than 450 miles to a Special Forces camp near the border of Cambodia and South Vietnam. This was the longest convoy completed during the war.

The Soldiers who serve in the 97th MP Bn. proudly carry the unit's legacy upon their shoulders and could not be better prepared to continue doing so long into the 21st century, Apodaca said.

"It is our time to take charge," he added.

Army Reserve to organize four new commands

Army News Service

2007.

FORT MCPHERSON, Ga. — The U.S. Army Reserve announced Sept. 15 that it will stand up four new Regional Readiness Sustainment Commands, continuing a transformation plan that was announced in September 2005.

As the four new organizations stand up, they will take the place of 10 Regional Readiness Command headquarters in providing base support to Army Reserve units in their respective regions, said Lt. Gen. Jack Stultz, chief of the Army Reserve.

"The result of this reshaping will be a more streamlined command and control structure and an increase in ready, deployable assets: An operational force to support the global war on terrorism," Stultz explained.

The realignment will:

- Increase unit and Soldier readiness;
- Increase the availability of deployable units and Soldiers;
- Provide improved facilities and training;
- Streamline command and control;
- Increase the number of specialties available to support the global war on terrorism; and
- Improve Army Reserve business, resourcing and acquisition processes.

The new 63rd, 81st, 88th and 99th Regional Readiness Sustainment Commands will begin their initial operating capability in phases throughout fiscal year 2007 and will provide personnel, information management, facilities support and equipment support to the Army Reserve units in their respective geographic areas.

The current Regional Readiness Commands will disestablish in phases by fiscal year 2009 as the RRSCs become fully operational, and new smaller commands will be established in place of many of the RRCs, Stultz said.

The 81st will be the first RRSC to begin IOC, projected for not later than the first quarter of FY 2007.

Fort Jackson gets 81st RRSC

It will be organized at Fort Jackson, S.C., supporting a geographical area that includes Kentucky, Tennessee, North Carolina, South Carolina, Georgia, Alabama, Louisiana, Mississippi and Florida.

Fort Dix gets 99th RRSC

The 99th RRSC is being organized at Fort Dix, N.J., and will support a geographical area that includes Virginia, West Virginia, Maryland, Delaware, New Jersey, Pennsylvania, New York, Rhode Island, Massachusetts, New Hampshire, Connecticut, Vermont and Maine.

Projected IOC for the 99th RRSC is not later than the second quarter of FY 2007.

Fort McCoy gets 88th RRSC

The 88th RRSC is being organized at Fort McCoy, Wis., with a projected IOC of not later than the fourth quarter of FY 2007.

Its geographical area will include Washington, Oregon, Idaho, Montana, Wyoming, Utah, Colorado, North Dakota, South Dakota, Nebraska, Kansas, Minnesota, Iowa, Missouri, Wisconsin, Illinois, Michigan, Indiana and Ohio.

Moffett Field gets 63rd RRSC

The 63rd RRSC is being organized at Moffett Field, Calif., and will be responsible for a geographical area that includes California, Nevada, Arizona, New Mexico, Texas, Oklahoma and Arkansas.

Its projected IOC is not later than the fourth quarter of FY 2007.

Defense Department to issue new employee ID cards

Common access cards to be implemented beginning Oct. 27, as old ID cards expire

By Gerry J. Gilmore
AFPS

WASHINGTON (Army News Service) — New identification cards to be issued to Defense Department employees beginning in October will help standardize workforce identification and security access systems across the government, a senior Defense Department official said Sept. 15.

The new common access card eventually will be issued to all federal employees and is part of a standardized, secure credentialing system that was mandated after the Sept. 11, 2001, terrorist attacks, said Mary Dixon, deputy director of the Defense Manpower Data Center in Arlington, Va.

Starting Oct. 27, the new "super CAC" ID cards will be issued to employees over the next three years as the old cards reach their expiration dates, she said.

The new cards interface with a secure, encrypted credentialing database and are interoperable for

"It is an effort to try to improve the security in the federal government."

— Mary Dixon
Deputy Director, Defense Manpower Data Center

personal identification as well as access to federal buildings and facilities, she said.

However, each facility will still determine who is authorized access, Dixon pointed out. Information embedded on the cards is quickly referenced and compared to centrally stored personnel security clearance data, she said.

"It is an effort to try to improve the security in the federal government," Dixon explained. The new cards also help employees secure their computer networks, she said, and provide improved security for

federal buildings, military installations and campuses.

"So, I can use this card, not just in the Department of Defense, but it can be read in other agencies," Dixon said. "If they choose to give me access, they can then read my card," she said.

The new card features the user's photograph, like other

cards now in circulation, Dixon said. But its computer chip also will contain two encrypted fingerprints, as well as a unique personal identification number.

The new card can be read, either by swiping it or by waving it near a special card reader, she said.

Issuance of the new card has the potential of reducing the number of agency security badges, Dixon said, because federal agencies will refer to a standardized credentialing system. However, agency security administrators still have the authority to approve or deny access.

"The card, on its own, does not

entitle you to any access to anything," Dixon explained. "It is an authentication token."

"Every time you use the card, it is authenticated, meaning somebody checks to make sure that that card is a 'good' card issued in the Department of Defense to you, and that it is still valid," Dixon said.

As always, employees who

believe their government-issued ID card has been lost or stolen are required to notify security administrators, Dixon said, who then deactivate the card.

This ensures that cards reported stolen or missing can't be used in DoD, she said.

PRATIE HAWK CYCLE & LEATHER,
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1x1.5 Prarie Hawk

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Black Only
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COPELAND INSURANCE
2 x 3"
Black Only
2x3 Copeland Ins

BODY FIRST
1 x 2"
Black Only
1x2 Body First Massage

COLLEGE HEIGHTS BAPTIST
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Black Only
2x2 College Hghts Bapt Church

WILDCAT PET RESORT
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Black Only
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HOMESTEAD AUTO
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homestead auto

GOODY'S
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Black Only
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'Hamilton's Own' takes break from training

Btry. D amasses most game points

Staff report

Organization Day for "Hamilton's Own" started a little wet — with team members of the phased triathlon competition swimming laps in the pool at Long Fitness Center.

It proceeded from there to other team members riding bikes around Custer Hill Golf Course before handing the last leg of the triathlon to runners who dashed toward the finish line at McCormick Park on post.

Two members of each subordinate unit in 1st Battalion, 5th Field Artillery, competed in each of the three phases in the triathlon to score points for their unit. The day's top honor would go to the unit amassing the largest number of points in the organized sports and games.

Contests included the triathlon, outdoor half-court basketball, Spades, Dominoes, horseshoes, balloon toss, badminton, volleyball, a "Humvee" pull and a tug-of-war.

Contest results:

Battery D beat out D Troop, 4th Cavalry; Battery B; and a combined team of Soldiers from Headquarters and Headquarters Battery and Service Battery for the overall championship.

Btry. D Soldiers won at Spades, Dominoes, horseshoes, balloon toss, and volleyball.

D Trp., 4th Cav., won the triathlon, badminton and the tug-of-war.

Btry. B won the "Humvee" pull.

HBB won at basketball.



Members of C Troop, 4th Cav., strain to begin pulling a "Humvee" across a grassy course at McCormick Park. Btry. B won the event at the 1st Bn., 5th FA, organization day Sept. 22.

Post/Heronemus

Two teams compete in volleyball as part of the organized sports and games at the 1st Bn., 5th FA, organization day picnic Sept. 22. Btry. D won the volleyball competition.

Post/Heronemus



Post/Heronemus

Half-court basketball drew enthusiastic teams and supporters at the 1st Bn., 5th FA, picnic.



Post/Heronemus

Capt. Tom Matchin waits to enter the pool at Long Fitness Center as teammate Maj. Kevin Johnston completes his lap in the first phase of a triathlon competition for units of 1st Bn., 5th FA, Sept. 22.

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3 x 10"
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3x10. Firststrat.com/9/28.1k

JON MURDOCK AUTO MALL
3 x 10.5"
Black Only
3x10.5 Murdock



to play, share quality time with families



Post/Heronemus
Pfc. George St. Gaudens (right) and Spc. Jeremi Torres-Cortes grill hamburgers. They had 504 burgers to grill for Soldiers and family members of 1st Bn., 5th FA, Sept. 22.



Post/Heronemus
Diners fill their plates with hamburgers, chicken, bratwurst, potato salad and more at the 1st Bn., 5th FA, organization day picnic.

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Black Only
2x4.5 Ag Press

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Detail cooks feast for Soldiers, families

By Mike Heronemus
Editor

The battalion came hungry to McCormick Park Sept. 22, but Staff Sgt. Mark Carder and a detail of 25 Soldiers were ready.

They began setting up grills at the popular post park about 8 a.m. Before 10:30, Soldiers and their families were being served hot food and plenty of it.

By 11 a.m., about half the food had been served, Carder said, but he was sure there would be enough for everybody.

Included in the day's menu were 900 pieces of chicken, 504 hamburgers, 640 hot dogs, 200 bratwursts, 50 pounds of potato salad, 40 pounds of macaroni salad, 40 bags of potato chips, two relish trays, 1,500 cans of soda and assorted condiments.

It took 25 bags of charcoal and 10 cans of lighter fluid to cook the meal.

The day would give families a time to spend together before the upcoming deployments of the battalion's companies, said 2nd Lt. Dion Pandey, who organized the day's activities.

"The Soldiers deserve it," said Battalion Command Sgt. Maj. Gordon P. Knize. "They've been working hard."

While units pitted sports teams and game teams against one another, families had time to play with their children on the park's playgrounds, talk with one another and just relax. Some put together makeshift volleyball teams to work off some of the mounds of food consumed. Others sat and watched the mass of activity taking place from one end of the park to the other or cheered on their company's team.

Mike Heronemus can be contacted at mike.heronemus@riley.army.mil or 239-8854.



Post/Heronemus
Spc. Anne Theis (right) pitches a large washer toward a can in a wooden box on the ground, sort of like playing horseshoes. The homemade game was brought to the picnic by one of the battalion members.

PIONEER SERVICES
4 x 10"
Black Only
4x10 Pioneer Nxt fair



Post/Heronemus
Families and Soldiers mix it up for a "pick up" volleyball game about midday Sept. 22 at the 1st Bn., 5th FA, organizational day picnic in McCormick Park on post.

CANDLEWOOD HEALTH MART PHARMAC
2 x 2"
Black Only
2X2 Candlewood Health TF





'Black Lions' train with students



KSU journalism majors practice reporting skills

By Sgt. 1st Class
Robert Timmons
4th IBCT PAO

The whistling of artillery simulators broke the silence of the still overcast day.

Kansas State University students immediately plugged their ears and turned away from the explosives.

Seconds later, a scream like ripping canvas blared through the air as Soldiers of Third Platoon, Company C, 1st Battalion, 28th Infantry Regiment, began to assault a trench line near the students.

The journalism students weren't defending the trench line, but they got a front-row seat as they watched the "Black Lions" advance and seize the trench line Sept. 11 as part of the unit's skills training exercise.

Afterward, the students put their interviewing skills to the test.

"We shot straight up the middle and pushed our squads left and right once we gained the trench line," Platoon Leader 2nd Lt. William Perry told the students.

Frank: Integrated training crucial

Lt. Col. Patrick Frank, the "Black Lions" commander, said the media training the journalism students provided his unit was crucial.

If his Soldiers deploy to Iraq or Afghanistan they will meet journalists, Frank said. Having the students on the training battlefield was one way the commander devised to help prepare his Soldiers to become familiar with that inevitability.

The training benefited the students, too. Ben Hedges, junior majoring in print journalism, said he learned a lot.

"This is something that I want

"As soon as I heard about this, I jumped on board."

— Ben Hedges
KSU junior

to get into," said Hedges, who was born at Fort Hood, Texas.

"As soon as I heard about this, I jumped on board."

"It's kind of overwhelming because you see these big guys who have done a lot and you are kind of scared to get up in their faces. But, this is something I really want to do," he said.

The idea of having students being media role players was the brainchild of April Blackmon, 1st Infantry Division and Fort Riley community relations officer and Professor Fred Brock, a journalism instructor at K-State.

Perry said he liked the face-to-face contact with the students.

"When in college, I experienced a lot of students with different views and I think it is great to allow people of all sorts on post, so we can have face-to-face contact," the platoon leader said.

"I would actually like to see a lot more students come here, because the more face time we get with the rest of the American population the more they will get to know us."

"They will see that we are really devoted and we really love our jobs," he said.

Hedges, who said he grew up as an "Army Brat," said he liked helping train the Soldiers.

"My dad is in the Army," he said. "I am actually the first male out of my family that hasn't gone into the Army yet. I thought that if I wasn't going to fight with them at least I will be able to see what they see."

K-State launches Army combatives training for ROTC

Kansas State University

MANHATTAN, Kan. — Kansas State University is the first university in America to offer a hand-to-hand military combatives program for its ROTC students.

That's the word from retired Lt. Col. Art DeGroat, former head of the K-State Army ROTC program and now director of military affairs for K-State.

"This initiative by University President Jon Wefald was inspired by his desire to have the best Army and Air Force ROTC programs in the country,"

DeGroat said. "Dr. Wefald, as a historian, also knows of the importance of this important skill in combat."

Fort Riley trainer instructs cadets

DeGroat said K-State's new program is centered around the expertise of David Durnil of Manhattan, whom DeGroat called "a world-class military combatant instructor."

Durnil is one of the highest ranked Army combatant experts and is educating and training Soldiers, officers and ROTC cadets at K-State and Fort Riley, DeGroat said.

"This is an outstanding opportunity to enable future leaders with the skills they need to close with the enemy," Durnil said.

Army ROTC cadets nationwide already receive brief, familiarization training on combatives theory, skills and practice during their junior year leadership camp.



"K-State is enabling their cadets to go far beyond familiarization by providing a semester-long course that culminates in their being officially certified at the first level by the U.S. Army," Wefald said.

"This is a very powerful developmental opportunity for these cadets that their peers across the country do not get."

Training includes use of force ethics

In addition to lifesaving skills in hand-to-hand engagements, K-State cadets in the course get advanced education of the ethical dimensions of the use of physical force as well as strategic insights on human conflict.

"I believe this may prove to be the most valuable support President Wefald has given to his cadets," DeGroat said.

Matt Larson of Fort Benning Ga., the U.S. Army proponent officer for Army Combatives, visited K-State's program recently to offer advice, support and praise of Wefald's initiative, DeGroat said.

Based upon Larson's advice, K-State will expand the combatives education program to other students at K-State as well as other military and law enforcement organizations in the community.

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Post, Army news briefly

Program seeks top Soldiers

The Army ROTC faculty at the University of Illinois at Champaign-Urbana seeks talented young enlisted Soldiers who want to earn baccalaureate degrees.

Quality enlisted Soldiers with officer potential who have served at least two years on active duty are allowed to voluntarily participate and enroll in Army ROTC through the "Green to Gold Program."

For more information, call (877) 863-4768, send e-mail to arotc@uiuc.edu or visit www2.uiuc.edu/unit/armyrotc/ on the Web.

Post adds phone numbers

Fort Riley recently implemented a new telephone number prefix of 240 because the 239 prefix had reached its 10,000-line capacity.

All 239 telephone numbers will remain in use and the Defense Switched Network access number 856 still is applicable to all users of 239 numbers when receiving calls originating at other military installations using DSN.

The new DSN access number 520 w8ill be used for all 240 telephone numbers at Fort Riley.

'Big Red One' honors military POWs, MIAs

By Pfc. Nathaniel Smith
1st Inf. Div. PAO

Fort Riley honored U.S. servicemembers who had been prisoners of war and remembered the more than 100,000 listed as missing in action at a ceremony Sept. 19 at the Custer Hill Parade Field.

"The purpose of the POW/MIA Day is to honor our prisoners of war and missing in action," said Col. Thomas "Ty" Smith, U.S. Army Garrison commander at Fort Riley.

About 78,000 Soldiers are still missing from World War II, 8,100 servicemembers from the Korean War and 1,800 more from the Vietnam War.

"If your loved one is captured or goes missing in action, we will do whatever it takes, as long as it takes, to bring them back. No other country in the world makes this commitment to its military," he said.

Smith knows that commitment first-hand. He commanded

Detachment 2, Joint POW/MIA Accounting Command, in Hanoi, Vietnam, in 2002-2003. His unit was responsible for recovering POWs and MIA remains and returning them to the states.

The motto of the Joint POW/MIA Accounting Command, "Until they are home," is a promise to the families of prisoners of war and those servicemembers listed as missing in action. This commitment epitomizes the Soldier's Creed and confirms to the rest of the world that there is no place like the United States, he said.

Smith recounted success stories of POW recovery in France, Iraq and Nepal, he also reflected on his personal experiences in Vietnam, specifically the case of a pilot who went missing in the Mekong Delta.

"There's was a toil of love and devotion to a missing comrade," he said about the members of his detachment. "That dedication to the mission simply humbled me."

About 840 servicemembers'

remains have been successfully recovered from Vietnam.

Units participating in the ceremony included Soldiers from the 1st Infantry Division's 1st Brigade, 4th Infantry Brigade Combat Team, Division Support Command, Combat Aviation Brigade and the division's Headquarters and Headquarters Company.

The event, attended by civilians and Soldiers, recognized POW/MIA Day, a national holiday that falls on the third Friday of September.

Fort Riley's observance of the holiday was postponed so Smith could speak at the event.

Chap. (Lt. Col.) D. Erich Schwartz, the post's deputy chaplain, introduced guest speakers and led the procession in closing prayers. Chap. (Lt. Col.) Brent Causey, the 1st Inf. Div. chaplain, led opening prayers.

The retreat ceremony officially ending the normal work day included lowering of the U.S. and the POW flags.



Soldiers on the flag detail at the POW/MIA ceremony lower the U.S. and POW flags at Custer Hill Parade Field Sept. 19. Soldiers in the ceremony were from the 1st Inf. Div.'s 1st Bde., 4th IBCT, DIS-COM, CAB and the division's HHC.

1st Inf. Div.
PAO/
Smith

TV chef sponsors contest for military cooks

By Ashley Farrell
Army News Service

WASHINGTON — TV cooking-show icon Emeril Lagasse wants the favorite recipes of active duty military chefs.

Emeril is looking for a military chef who has the right recipe and knows how to use it. Any military chef who has a favorite dish can enter the first Military-Only Emeril Cooking Contest. Recipes

ranging from jambalaya or marinated steak to specialty pies and appetizers all have a chance of winning.

"I have great respect for our men and women who serve in the military," Emeril said. "I also understand the challenges their chefs face stationed all over the world. We created this contest to acknowledge their hard work and dedication."

Emeril will pick his favorite

entries, which will be used in an upcoming show. Recipes must be original creations and will be judged on creativity and taste.

The idea for the contest came from the show's great experience with the men and women of the armed forces, said Karen Katz, a producer for the "Emeril Live" program. An aircraft hangar at McGuire Air Force Base in Lakehurst, N.J., was the taping site of one of 2005's best "Emeril Live"

shows, she said.

"We have continued to have great experiences with the military when they have been included on the show, so when the idea for the military-only cooking contest came up, we all were on board," Katz said.

The contest started Sept. 25 and ends at 5 p.m. Eastern Standard Time Oct. 9. Interested chefs can enter by visiting the Food Network Web site at [Network.com and completing an entry form online that outlines personal and military background and the recipe.](http://www.Food-</p></div><div data-bbox=)

Participants must be at least 18, U.S. residents and active duty servicemembers.

"We are anxious to see what is being served out there," Katz said. "We are always amazed by what America is cooking and are excited to include chefs of the Armed Forces."

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Army meets FY 2006 recruiting goal early

80,000th enlistee joins at Times Square Recruiting Station

Army News Service

NEW YORK, N.Y. — The active Army met its fiscal 2006 recruiting goal ahead of schedule Sept. 22 when the 80,000th recruit enlisted at the Times Square Recruiting Station in mid-town Manhattan.

Secretary of the Army Francis Harvey conducted the ceremonial enlistment of Shirley Salvi, who enlisted under the 98XL option to receive language training before assignment as a Signals Intelligence Analyst or Cryptologic Linguist. Because she has a bachelor's degree and enlisted for five years, Salvi received a \$20,000 bonus and joined the Army's ranks as a specialist.

A graduate of Rutgers University, Salvi said she enlisted for the "travel, leadership and experience."

"I decided to join the Army

"...Shirley's decision ... is a reflection of the opportunities that exist for individuals of her caliber."

— Staff Sgt. Gigi Theocharides
U.S. Army recruiter

after I obtained my four-year degree because I wanted an experience away from home," the 23-year-old Salvi said. "I am confident that the training I receive will prepare me for any tasks that I am to accomplish."

Harvey welcomed Salvi to the Army team.

"Ms. Salvi's enlistment represents the achievement of the full recruiting mission for the active duty Army for the year. We are very fortunate that our nation's finest are responding to the call to duty and stepping forward to serve in a time of war," he said.

Like all new recruits and re-

enlistees, Salvi swore to support and defend the Constitution of the United States against all enemies, foreign and domestic. She will attend basic training at Fort Leonard Wood, Mo.

"It is a common misconception that educated young people don't make the Army a career choice right after college," said Staff Sgt. Gigi Theocharides, the New York City Battalion Regular Army Recruiter of the Year. "I feel that Shirley's decision to make the Army her first choice is a reflection of the opportunities that exist for individuals of her caliber."

In addition to meeting its

active-duty recruiting goal, Harvey noted that the Army met its retention goal of 64,200 with the Aug. 31 re-enlistment of a Fort Campbell, Ky., Soldier. The Army National Guard also met its retention mission in August, and the Army Reserve expects to do so by the end of September.

The Army's accession goal of 186,072 is larger than the Navy's, Air Force's and Marines' combined and is the largest goal since the early 1990s.

"We are at war and this sends a signal to our friends that the Army will continue to honor our commitments at home and abroad," Harvey said. "It also sends a signal to our enemies and those who oppose freedom, democracy and equal rights — fundamental values upon which our country is based — that our Army remains strong, relevant and ready to fight and win the nation's wars."



ANS photo

Secretary of the Army Dr. Francis J. Harvey ceremonially swears in Shirley Salvi, the Army's 80,000th recruit for fiscal year 2006. Salvi's ceremonial enlistment marked the Army's achievement of its annual recruiting goal.

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Muslim Soldiers to celebrate Ramadan

By Bob Bellin

Fort Jackson Leader

WASHINGTON (Army News Service) — Muslim believers around the world began observing the month of Ramadan Sept. 23, and many Muslim Soldiers will join them.

Ramadan is named after the ninth month on the Islamic Lunar calendar when the Qu'ran commands Muslims to abstain from food, drink and other physical comforts and pleasures from dawn to sunset every day until the end of the month.

"It's one of the five pillars of faith, fasting in the month of Ramadan," said Chap. (Capt.) Abdullah Hulwe, battalion chaplain for Fort Jackson's (S.C.) 1st Battalion, 13th Infantry Regiment. "Muslims pray five times a day, perform pilgrimage during the month of Ramadan, fast during Ramadan, give charity — or alms — and declare faith."

Traditional Ramadan practices, according to Hulwe, include breaking the daily fast with water and dates, reading through the entire Qu'ran, and visiting family and friends.

One of the most important festivals in Islam is the three-day Eid ul-Fitr, or Festival of Bread-Breaking, that begins sundown on the last day of Ramadan, Oct. 23 this year.

"It's a month of giving, a month of mercy," Hulwe said. "It's a month of learning for Muslims, and for people of other faiths to learn about Islam."

By fasting, believers experience spiritual renewal and learn self-discipline and generosity, Hulwe said. "It's part

of the Army values, selfless service to others ... you give a little bit of yourself, a little bit of your skill and you give money (to the poor)."

When believers are hungry and thirsty during the day, they also learn to empathize with the poor, Hulwe said. "You can pity a poor person, but when you actually fast, you feel what they feel."

Because the purpose of Ramadan is to preserve and encourage life — not to endanger it — the Qu'ran and its interpreters make exceptions to fasting for believers whose health may be harmed by it.

"The scholars have exceptions for women when they are pregnant or breast-feeding," Hulwe said. Scholars also make exception for pre-pubescent children, the sick and Muslims who are traveling.

Because Soldiers have the right to freely exercise their religions, commanders and other leaders must try to accommodate them, within certain limits, he said.

"To fast during training is religious accommodation," Hulwe said, "and the U.S. Army policy is to accommodate unless it has adverse impact on the mission or the health of the Soldier."

The love of life in Islam, Hulwe said, is in stark opposition to terrorist leaders like Osama bin Laden, who speak of a "love of death" in their version of Islam.

Hulwe has a simple explanation for those of any religion, at any time, who espouse such views: "God almighty has good people, but bad people use God. It is up to people of understanding to know the difference."

Army widow christens ship

Admiral: Medal of Honor winner's spouse fit choice as sponsor

Army News Service

MARINETTE, Wis. — The Navy christened and launched the nation's first Littoral Combat Ship, Freedom (LCS-1), at the Marinette Marine shipyard Sept. 24.

Birgit Smith is the ship's sponsor. She is the widow of Sgt. 1st Class Paul Ray Smith, who was posthumously awarded the Medal of Honor for bravery and gallantry above and beyond the call of duty in Operation Iraqi Freedom.

Birgit broke a champagne bottle across the ship's bow to formally christen the ship, which then made a dramatic side-launch into the Menominee River.

Adm. Mike Mullen, chief of Naval operations, put Birgit's selection as sponsor into perspective for the assembled crowd by referring to a letter her husband wrote home from Iraq.

"When I think of his words 'I am prepared to give all that I am' and the way he did exactly that, it reminds me of the true high cost of living in America, the price of freedom," he said. "Paul paid that debt for us. His valor reminds us that we must be ready to defend freedom whenever and wherever it is challenged."

Husband's colonel nominated Smith

Col. Thomas P. Smith (no relation) commanded Smith's unit — the 11th Engineer Battalion, 3rd Infantry Division — and nominated Smith for the MOH.

"As I learned how special the sponsor of a ship is to the Navy and the ongoing relationship Birgit will have with the ship and her crew, I was truly humbled," he said. "As the Navy leaders and crew got to know Birgit, I think they realized how special she is and how fitting their choice was for this honor."

Mullen noted that ships "really do take on the spirit of their spon-



Lockheed Martin Photo

Birgit Smith, widow of Medal of Honor winner Sgt. 1st Class Paul Smith, breaks a champagne bottle across the bow of the nation's first Littoral Combat Ship, Freedom (LCS 1). Freedom is the inaugural ship in an entirely new class of U.S. Navy surface warships.

sor. And I for one will take great comfort that when Freedom's crews sail into harm's way, your quiet strength will go with them," Mullen said to Birgit.

The 377-foot Freedom is capable of speeds in excess of 40 knots and can operate in water less than 20 feet deep. The ship will act as a platform for launch and recovery of manned and unmanned vehicles. Its modular design will support interchangeable mission packages, allowing the ship to be reconfigured for antisubmarine warfare, mine warfare or surface warfare missions on an as-needed basis.

"Just a little more than three years ago she was just an idea. Now, Freedom stands before us. And on this morning, we christen her, send her down the ways and get her ready to join the fleet next year," Mullen said. "It comes none too soon, because there are

tough challenges out there that only she can handle."

Freedom acknowledges the enduring foundation of the nation and honors American communities which bear the name Freedom. States having towns named Freedom include California, Indiana, Maine, New Hampshire, New York, Oklahoma, Pennsylvania, Wisconsin and Wyoming.

Ship faces challenges in Navy's future

But, as Mullen made clear, Freedom also acknowledges new challenges faced by the Navy in the war on terror and will complement the vision of a global "1,000-ship Navy" built upon ad hoc maritime partnerships.

"Freedom will know how to fight, but she can also be a friend," Mullen said. "I am convinced that if we pool resources

together, as partners and friends, we can best tackle many of the tough maritime problems we face.

"The Freedom class will fit perfectly into such partnerships. Her shallow draft and agility will allow her to go, when asked, deep into green and brown water where we, our allies and emerging partners face some of the most difficult challenges."

Freedom will be manned by one of two rotational crews, blue and gold, similar to the rotational crews assigned to Trident submarines.

Freedom will continue to undergo outfitting and testing at Marinette Marine until it is commissioned in 2007 and eventually homeported in San Diego, Calif.

Editor's note: Information compiled from Department of Defense and Department of Navy releases.

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Fort Riley Sports & Recreation

Friday, September 29, 2006

America's Warfighting Center

Page 15

Sports news in brief

ITR offers Chiefs tickets

The Fort Riley Information, Ticketing and Registration Office has tickets for several Kansas City Chiefs home football games.

Tickets for the game and coach bus transportation to each game are \$70 and \$85.

Tickets are available for the game against the San Francisco 49ers Oct. 1, the San Diego Chargers Oct. 22 and the Seattle Seahawks Oct. 29.

ITR is located across the parking lot from the Main PX. Hours of operation are 10 a.m. to 6 p.m. Monday through Friday and 9 a.m. to 1 p.m. Saturday.

For more information, call 239-5614.

Outdoor rec changes hours

The Fort Riley Outdoor Recreation Center changed its hours of operation for fall and winter. It will be closed Sunday and Monday and open from 8 a.m. to 5 p.m. Tuesday through Saturday.

Field house activities listed

Oct. 9 – 9 a.m., Spinning; 12:15-12:45 p.m., Target Tone; 6 p.m., Cardio Pump-Step Aerobics

Oct. 10 – Noon, Hip Hop Aerobics; 6 p.m., Spinning

Oct. 11 – 9 a.m., Turbo Kick

Oct. 12 – 6:30 a.m., Spinning; 9 a.m., Spinning; noon, Hip Hop Aerobics

Oct. 13 – 9 a.m., Turbo Kick; 12:15 p.m., Target Tone; 6 p.m., Cardio Kickboxing

For more information, call 239-2813.

Pool classes, activities listed

Oct. 9 – 5:45-6:30 p.m., Abs/Buns & Thighs

Oct. 10 – 5-6 p.m., Water Aerobics

Oct. 11 – 5:45-6:30 p.m., Abs/Buns & Thighs

Oct. 12 – 5-6 p.m., Water Aerobics

For more information, call 239-4854.

Custer Hill Lanes events listed

Custer Hill lanes is open daily for lunch from 11 a.m. to 1 p.m.

Oct. 7 – 4 to 6 p.m., Family Time Extreme Bowling

Oct. 8 – 11:30 a.m., Sunday Football in the Strike Zone Pub

Oct. 9 – 5 to 7 p.m., Monday Night Football in the Strike Zone Pub

Oct. 11 – 5 to 7 p.m., Wednesday Wing Night in the bar

Oct. 13 – 5 to 8 p.m., Family Night with Bowling and Buffet

Custer Hill Bowling Center, Building 7485, offers open bowling 5 to 11 p.m. Tuesdays through Thursdays, 5 to 10 p.m. Fridays and 3 to 11 p.m. Saturdays.

For more information about Bowling Center activities, call 239-4366.

Howe to be K-State hall of famer

By Anna Morelock
Staff writer

In college, Jerome Howe had just one thing on his mind: Track. Howe's single-mindedness will be recognized, along with his many achievements, as he is inducted into the 2006 class of the Kansas State Athletics Hall of Fame Oct. 6 at Bramlage Coliseum.

Howe, who now works at Fort Riley's Plans, Analysis and Integration Office, said he is thrilled at the honor.

It's a big honor to be inducted into a sports hall of fame," he said. "They're hard to get into, and you can be real good and not get into those things." It's also an honor to be inducted with such a great class, including other athletes he knew, such as Chuckie

Williams and Ed Nealy, Howe said.

"So, I'm going in with a good class, and it's just a big honor," Howe summed up. "I'm going to try to have fun."

On an impressive resume of track titles, including two All-American citations, one distinction stands out as the most important to Howe. During his junior and senior years at K-State, Howe

was voted "most inspirational track man" at Kansas State.

"It meant a lot to me to have the respect of my teammates," he said of the title bestowed upon him by his teammates. When asked why he thought he was given the distinction, Howe thought of three factors: commitment, work ethic and being a top performer.

"I worked really, really hard,"

Howe said. "I was really a super dedicated athlete in my day. That's all I lived for."

Many college athletes are only somewhat committed to their sport, Howe said. "It has a place in their life, but then they have other things that are important to them. I just had track."

Laughing, Howe added, "I'm

See Howe, Page 18

Flying high



Post/Heronemus

Co. A and Co. C players keep their eyes on a passed football in the third quarter of a Western League matchup Sept. 26. Co. A came out strong in the first half, and then held on to win 32-26 as Co. C mounted a comeback effort.

'Phoenix' Co. A wins again

By Mike Heronemus
Editor

Company A, 610th Brigade Support Battalion, remained undefeated Sept. 26, defeating Company C, 610th BSB, 32-26 in Western League flag football play at Sturgis Stadium.

Some players and spectators thought Co. A would get their second win this season by forfeit, but Co. C's seventh player arrived right at game time, so the two teams took the field after Co. A won the toss and elected to begin on offense.

Play starts from the 20-yard line in flag football instead of a kickoff like in regular tackle play. A movement penalty on the first play from scrimmage set the Co. A team back 5 yards, but their quarterback took the next snap and ran the length of the field for the first score of the game.

Co. A elected to try for two extra points and lined up at the 10-yard line. A completed play from 3 yards out is worth 1 extra point. Co. A's attempt came up short and Co. C began their first offensive series trailing 6-0.

Co. C's quarterback ran the ball to their own 30 on the third play of the series but a penalty on fourth down pushed them back to their own 18, and that's where Co. A took over after the next down.

A quick pass to a receiver in the end zone got knocked from his hands and the referee declared the play a touchdown, warning all players that the football cannot be knocked

from any player's hands.

Co. A again tried for 2 extra points but had to settle for a 12-0 lead that held through the end of the first 12-play quarter.

Still in control of the ball, Co. A switched sides of the field for the second quarter and threw a long pass that went incomplete on the first play.

On the next play, the quarterback scampered to Co. C's 19-yard line for a first down and goal-to-go. Penalties and a stiffening Co. C defense hurt Co. A, moving the scrimmage line back to the 20 after Co. A had advanced to the 10-yard line.

Another penalty set Co. A back 5 more yards, but the quarterback found running room through the Co. C defense once again and moved the ball to the 1-yard line and a fourth down.

A quarterback slant through the right side of the line earned Co. A another 6 points, but the extra points attempt failed for a third time.

With Co. C struggling to put together any kind of offense, the medics' quarterback decided to begin throwing short passes to any open players who could then run or pass again farther downfield. That strategy proved effective later in the game, but not the first time.

A Co. A defender stretched his arm into the path of the lobbed ball, tipped it, grabbed the pigskin and ran about 30 yards for another Co. A touchdown.

That gave the dual teamed (offense and

See Flag football, Page 16

Army announces 1st bowl selection

Austin picked for All-American Bowl

By Dennis Ryan
Fort Myer Pentagonum

WASHINGTON (Army News Service) – The first student-athlete named to the 2007 Army All-American Bowl East team was announced at Ballou High School in Washington, D.C., Sept. 19.

Vice Chief of Staff of the Army Gen. Richard Cody welcomed Marvin Austin to the team. Austin is a 6-foot-3, 300-pound defensive tackle.

The youngster donned an Army All-American Bowl jersey and addressed the crowd at the packed Ballou Gym.

"Not only am I proud to be a part of the Army game, I'm proud to be a part of this country," Austin said.

The Army All-American Bowl will be played Jan. 6 at the Alamodome in San Antonio, Texas. More than just a football game featuring the best high school players in the country, the All-American Bowl is a recruiting tool.

Col. Thomas Nickerson, director of Strategic Outreach for the U.S. Army Accessions Command,

said the game enables recruiters to interact with principals, teachers and coaches who might influence students' career choices.

"The Army All-American Bowl is all about celebrating excellence and leadership on and off the field," Nickerson said.

Cody lauded Austin for being an excellent athlete and student.

"He's a tremendous role model," Cody said of the young tackle. "The All-American Bowl is a showcase for discipline and team spirit. You see it in every one of the 80 athletes."

"When he plays in January he will be playing against guys he will be seeing in college and, unless I miss my bet, in the NFL."

Many college and professional standouts have played in the game since its inception in 2002. Reggie Bush, Vince Young, Brady Quinn and Adrian Peterson all made their national television debuts as Army All-Americans.

Shortly after the announcement of Austin's selection, bowl officials traveled to Oaks Christian High School, in Westlake, Calif., to announce additional selections of quarterback Jimmy Clausen and running back Marc Tyler.



USARC photo

Mike Lee (far left) is joined by fellow Army-sponsored riders James White and Jaron Nunnemaker after an U.S. Army Invitational.

Army bull rider poised for world title

By Mary Kate Chambers
U.S. Army Recruiting Command

WASHINGTON (Army News Service) – Mike Lee is riding high. He won the Professional Bull Riders world championship in 2004, and the Army-sponsored rider is poised for another title this fall.

"I have had a great year so far," Lee said. "I am currently sitting third in the world and ready to make a move toward another

world title."

Before he can claim that championship, he has to compete at the U.S. Army Invitational Sept. 29-30 in Reading, Pa., where to do well he'll have to rely on all of the qualities that Soldiers and bull riders share.

Elements of the Warrior Ethos like "place the mission first" and "never quit," as well as the Army Values, are as fitting for the Army-sponsored bull riders as

See Bull rider, Page 18





Flag football

continued from page 15

defense) Co. A squad a 26-0 lead against the eight-player Co. C team.

Co. A's ineffectiveness in point after touchdown attempts continued and Co. C took control of the ball on their 20-yard line.

On the first play of the next series, the medics' quarterback ran the ball across midfield to Co. A's 30-yard line.

A couple of plays later, Co. C got ready to snap the ball from the opponent's 3-yard line and then scored.

The PAT attempt failed, but Co. C was in the scorebook, 26-6, and that was how the half ended.

Co. C started play in the second half and used seven plays to score. After moving the ball to Co. A's 30-yard line, the medics' quarterback shot a pass to a receiver streaking on a left slant toward the goal line.

Two defenders got between the receiver and tried to deflect the ball, but it fluttered into the air where the receiver grabbed it and got to the 1-yard line before his

flag was pulled.

The extra point conversion was good for 2 more and Co. C now trailed 26-14.

Co. A regrouped its offense and turned a short lateral pass, followed by a long pass and about a 20-yard run, into another touchdown.

It still couldn't score any extra points, but led 32-14 midway through the third quarter.

Co. C's offense continued to improve, and at the end of the quarter, Co. C was on their opponent's 21-yard line on fourth down.

With a first down just 1 yard ahead, the quarterback opted to run left and made it to the 11-yard line for a first down to start the fourth quarter.

A short pass and run on the next play moved the ball to the 5-yard line and a short pass scored Co. C's third touchdown. Failing to convert the extra points attempt left them two touchdowns behind Co. A, 32-20.

Co. A failed to get a first down on its next set of plays, so Co. C took over on their 20. A pass moved the ball to Co. A's 22-yard line and gave Co. C another first down.

A pass on the second play of the series moved the ball to the 10 and gave Co. C its second first down in two plays.

Continuing to use the two-forward-pass offensive strategy, Co. A hit pay dirt once again to come within one touchdown of the lead-



Post/Heronemus
The Co. C quarterback rushes past Co. A defenders in the third quarters of the Sept. 26 Western League game between the two 610th BSB teams. Co. C scored a touchdown and 2 extra points in the quarter.

ers, 32-26.

The extra point attempt failed and Co. A controlled the ball for the last play of the game to claim its third win in three outings.

In other Western League games Sept. 26, Company G, 610th BSB, won by forfeit over Company D, 610th BSB, and Company F, 610th BSB, defeated Company E,

610th BSB, 37-36.

Mike Heronemus can be contacted at mike.heronemus@riley.army.mil or 239-8854.



Post/Heronemus
The Co. C, 610th BSB, quarterback slips between Co. A, 610th BSB, defenders early in the third quarter Sept. 26. Co. C scored three touchdowns and 2 extra points in a comeback effort that left them one touchdown shy of a tie game.

Flag football scoreboard

Staff report

Absence of field lighting halted play Sept. 18 in the second and third games of Southern League flag football at Sturgis Stadium. The opening game ended with Company A, 101st Forward Support Battalion beating Company B, ASB, 12-6.

In other Southern League games Sept. 20, HSC, 601st ASB defeated Co. B, 101st FS B, 20-19; Company A, 601st ASB, defeated Co. A, 101st FSB, 32-32; and Co. B, 601st ASB, defeated 1st Bn., 360th Infantry, 27-21.

In Western League play Sept. 19, Company A, 610th Brigade Support Battalion, defeated Co. F,

610th BSB, 24-18; Company E, 610th BSB, defeated Company B, 610th BSB, 25-22; and Company D, 610th BSB, defeated Company C, 610th BSB, 34-24.

All Western League games scheduled for Sept. 21 were cancelled because of bad weather.

All victors in the Eastern League games played Sept. 25 scored 28 points. Company B, 4th Battalion, 1st Field Artillery, defeated Battery B, 2nd Bn., 32nd Field Artillery, 28-6; 596th Signal Company defeated Battery A, 2nd Bn., 32nd FA, 28-0; and Co. B, 4th Bn., 1st FA, defeated Headquarters and Headquarters Company, 1st Battalion, 41st Infantry, 28-22.

Western League Standings

(as of Sept. 26)

Team	W	L
Co. A, 610th BSB	2	0
Co. B, 610th BSB	0	1
Co. C, 610th BSB	0	2
Co. D, 610th BSB	1	1
Co. E, 610th BSB	1	1
Co. F, 610th BSB	1	1
Co. G, 610th BSB	1	0

Eastern League Standings

(as of Sept. 25)

Team	W	L
HHC, 1-41st Inf.	0	1
Co. B, 4-1st FA	2	0
596th Signal	1	0
HHC, 2-16th Inf.	0	0
HHC, 2-32nd FA	0	0
Btry A, 2-32nd FA	0	1
Btry B, 2-32nd FA	0	1

Southern League Standings

(as of Sept. 25)

Team	W	L
Co. A, 101st FSB	1	1
Co. B, 101st FSB	0	1
Co. E, 101st FSB	0	0
HSC, 601st ASB	1	0
Co. A, 601st ASB	1	0
Co. B, 601st ASB	1	1
1-360th Inf.	0	1

Northern League Standings

(as of Sept. 25)

Team	W	L
HHC, 1st Inf. Div.	0	0
977th MP Co.	0	0
MEDDAC	0	0
HHC, 3rd Bde.	0	0
24th Trans. Co.	0	0
172nd Chem. Co.	0	0

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Sports news briefly

Aikido classes offered

Aikido instruction will be offered by Daniel Hayes from 7 to 9 p.m. Tuesdays and Thursdays and from 11 a.m. to 1 p.m. Saturdays in Long Fitness Center on Custer Hill.

All Soldiers and Department of Defense family members 18 and older can participate.

For more information, call Sgt. William Kinsman at 239-5716 or staff members at King Field House or send e-mail to william.kinsman@riley.army.mil.

Outdoor rec rents target aid

The Outdoor Recreation Center, Building 9011 on Rifle Range Road, offers a Laser Shot Shooting Simulation System to help hunters improve their shooting. The system can be used for a rental fee of \$5 per person per hour or a group rate of \$15 per half hour or \$25 per hour.

Outdoor Rec is open from 9 a.m. to 5 p.m. Tuesday through Friday and from 8 a.m. to 4 p.m. Saturday.

For more information, call 239-2363.

Planning some sporting event?

To list your sporting events in the Fort Riley Post, contact Editor Mike Heronemus at mike.heronemus@riley.army.mil or 239-8854.

Golf tourney raises \$38K

AFPS

SPRINGFIELD, Va. — Nearly 100 golfers and their associated sponsors helped raise more than \$38,000 to benefit the SemperComm Foundation's mission during the SemperComm Golf Classic tournament at the Fort Belvoir Golf Club in Alexandria, Va., Sept. 15.

The SemperComm Foundation is nonprofit organization dedicated to supplying morale-boosting communications and entertainment equipment, software and services to small, overseas remote U.S. military bases. The foundation also is a member of America Supports You, a Defense Department program highlighting ways Americans and the corporate sector are supporting the nation's servicemembers.

"This was a first for us, since our major fundraising event to date has been our annual Gala, which is in the spring. It's great that we can have fun and still help our men and women in uniform," said Lara Coffee, SemperComm's executive director. "Without a doubt, the Golf Classic has been a big success because we met our fundraising goals."

"Our players and sponsors have expanded our ability to offer the 'SemperComm Suite' to new U.S. military bases around the world," she added.

The SemperComm Suite is a package of equipment and services SemperComm sends to small, remote overseas U.S. military installations that lack easy ability to keep in touch with friends, family and their lives back in the United States.

The package includes secured communications capabilities, a satellite dish, televisions, DVD players, movies, computers and Internet access, satellite television and Voice Over Internet Protocol telephone service — all



Courtesy photo

Army Sgt. Kim Bain (left) and Army Staff Sgt. Chris Bain, pose with actress Karri Turner at the SemperComm Golf Classic on Sept. 15. The two brothers are identical twins, hailing from California and Williamsport, Pa., respectively. Chris is currently undergoing treatment at Walter Reed Army Medical Center in Washington, for wounds he received while serving in Iraq.

meant to boost the morale of servicemembers through their ever-expanding tours of duty.

The big hit of the day was former "JAG" actress Karri Turner, who attended through SemperComm's major partner, Stars for Stripes, a nonprofit organization dedicated to providing quality entertainment to internationally deployed U.S. military forces. Turner was on hand to cheer on the participants and help encourage people to give to SemperComm.

"SemperComm and Stars for Stripes is the perfect partnership. I have been so blessed to be able to visit our troops deployed to really remote locations throughout Korea, Kuwait, Iraq, Afghanistan and many of the other 'stans' since my first tour in 2000," Turner said. "I see firsthand the importance of providing these wonderful men and women with communications and entertainment equipment as well as visits by celebrity entertainment."

"All of this is so important to the overall morale of our military personnel who are sacrificing so much to defend our freedoms,"

she said.

Turner said she'd be going on a Stars for Stripes tour to South-west Asia this holiday season, adding that it will be her second trip to that area this year.

"We're hoping to visit one of the adopted SemperComm bases while we are on the holiday tour," she said.

"The Golf Classic brought together a great mix of private citizens, military personnel, contractors and supporters, all with the idea of making it possible for our men and women stationed overseas to stay in contact with their friends and families," Coffee added. "We're very happy with the progress we've made."

Bull rider

continued from page 15

they are for Soldiers, said Tom Tiernan, chief of outreach and event marketing for Army Accessions Command. And the same can be said of PBR fans, who tend to be strong supporters of the military.

"PBR is a great partner for the Army, because its goals and objectives nicely parallel with what the Army's trying to do," Tiernan said.

Lee, one of three Army-sponsored bull riders, spends time speaking on behalf of the Army when he's not training for an event.

"I have had the opportunity to meet many veterans and young men and women who are in the Army as I travel throughout the United States," he said. "The support I have received being a member of the Army team has been really great."

The Army Invitational will feature military pageantry, Tiernan said. It will incorporate The Army Chorus and assets from the Military District of Washington. Nearby recruiters will attend with future Soldiers, who will be sworn in at the event, and inter-

Howe

continued from page 15

not convinced that's at all healthy ... doesn't make for a very well-rounded individual."

Howe's track and field record setting didn't start in college. At Treynor High School in Iowa, Howe is still remembered every year when athletes participate at the Jerome Howe Relays.

"It's a great honor," Howe said about having a meet named after him. Three years ago he and his daughter went back to celebrate the 30th anniversary of the relay and he presented a trophy to the winning team.

Tickets for the dinner and Athletics Hall of Fame induction ceremony Oct. 6, which begins at 6 p.m., are \$75 per person and can

be purchased by calling the K-State Athletics Department at (785) 532-6912.

Besides Howe, the class of 2006 includes Wildcat basketball legends Chuckie Williams (1973-76) and Ed Nealy (1979-82) along with track and field great Gwen Wentland-Mikinski (1991-95) and Ivan Riley (1921-23) and longtime supporters Bob and Betty Tointon.

The induction class also will be honored during halftime of Kansas State's Big 12 Conference home opener vs. Oklahoma State on Oct. 7.

Anna Morelock can be contacted at anna.morelock@riley.army.mil or 239-3032.

Jerome Howe

Jerome Howe, men's track & field/cross country (1969-72)

The only male in K-State cross country history to earn two All-American citations (1970 and 1971)... Won the 1969 and 1971 Big 8 cross country individual championships... The 1969 and 1972 Big 8 Conference indoor champion in the mile... Part of K-State's 1969 NCAA national champion quartet in the 4x800 relay... Earned two All-American designations in the 1971 NCAA Indoor Championships in the distance relay and the 4x400 relay... A 1972 NCAA Indoor All-American with the distance relay... Still ranks second in K-State history in the indoor mile with a clocking of 4:02.3... Won both the 1971 and 1972 Big 8 outdoor titles in the mile... Earned All-America honors at the 1972 NCAA Outdoor Championships in the 1,500-meter run with a second-place finish... National AAU champion 1500 meters 1972... Member of the World Record distance medley relay team 1972... Alternate for the 1972 Olympics — 1,500 meters.

On TV

The Army Invitational in Reading, Pa., will be broadcast on the OLN network Sept. 30, and the championship round will air on the Fox network Oct. 1. Check your local listings.

tive Army displays that will help generate applicants.

Lee said he'd like to see an Army crowd at his events.

"Hopefully, some of the Soldiers will have a chance to catch a PBR event when it comes to their

towns," he said.

Tiernan emphasized the dedication of the Army-sponsored athletes.

"These guys want to represent the Army. And it's not just for the money," he said. "It's for the pride of being able to represent the Army. That really shows when they do things for the Army, their pride and having 'ARMY' on their chests."

To learn more about Professional Bull Riders, visit www.pbrnow.com or www.goarmy.com/events/rodeo.

Editor's note: This story was first printed in the September issue of Soldiers magazine.

CISM reps meet in United States

By Tim Hips
USACFS Center

SPRINGFIELD, Va. (Army News Service) — Military representatives from 26 countries reviewed the importance of sports in the military at the Conseil International du Sport Militaire's fourth symposium Sept. 11-14 at the Springfield Hilton.

CISM can best be described as an international Olympic committee for the military. The organization played host this year to world championships for troops around the world in 24 sports, including parachuting and aeronautics, military and naval pentathlons.

"This is a special year for us because CISM at the end of 2006 will have organized 24 military world championships and many regional and continental events," said CISM President Brig. Gen. Gianni Gola of Italy. "We are considered the unique international sports organization. Thousands and thousands of military athletes and coaches and team captains and chiefs of mission are traveling around the world to attend our events."

The United States joined CISM in 1951. Today, CISM comprises 127 nations dedicated to "friendship through sports to get to peace," said Army Lt. Gen. James Lovelace Jr., the U.S. CISM chief of delegation.

"The real seeds of this organization started after World War I with General [John] Pershing, but the real development of the organization as we know it today

occurred after World War II," Lovelace said. "It was embraced by Belgium, Denmark, France, Luxembourg and the Netherlands as they started this event Feb. 18, 1948."

Despite approaching its 59th anniversary, CISM is not world-renowned.

"We are aware of the fact that in our countries many military authorities don't know CISM," said Gola. "We sought a solution in Springfield during the symposium themed 'Value and Impact of Sports in the Military.'"

"Sport cannot be visual only to the military athletes. Sport is a common value for all of the military personnel," he said.

CISM officials seek a balance between keeping Soldiers fit and competition-ready.

"We have to dedicate an important part of our activity to physical education reform, but at the same time, we have to promote the competitions," Gola said.

"If we don't have the competitions, we are not able to bring

people together. I understand that some are saying we need to give priority to physical education and not to the competition. It's not the problem of priority, we need both, but we cannot forget that if we don't have competition, we lose our opportunity. Only competition obliges people to travel."

"If we promote physical education, all the Soldiers can practice physical education at home. There is no need to go to participate for championships. That's why we are insisting, as we do every year, to organize important events to give the athletes an opportunity to compete. Physical education is the base of this, but then we have to compete," he explained.

International sports competition is not just what CISM is about. "Our goal to promote universal peace may be too ambitious," Gola said. "But this is the final goal: Through sport and competition, CISM works to promote values, tolerance, friendship and peace."

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FIRST SOUTHERN BAPTIST
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Black Only
2x2 1st South Bap Sept TP

LAKE-SIDE MARINE
1 x 4
Black Only
1x4 Lakeside Sept TP





Fort Riley Community Life

Friday, September 29, 2006

America's Warfighting Center

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Community news briefly

Spouses plan 'hats' night

The Fort Riley Enlisted Spouses' Club invites one and all to join

its members for a night of food, fun and crazy hats at 6:30 p.m. Oct. 25 at Rally Point on post.

This year's "Crazy Hat Night" puts a spin on the usual things by adding a 1980's style theme. Participants are asked to dress in outrageous 1980's style clothing in addition to wearing a crazy hat.

The cost this year will be \$12 for ESC and Officers' and Civilians' Spouses' Club members. All others will be charged \$15.

Child care will be available at the Armed Services YMCA in Junction City for \$5 per family. RSVPs and payments are due by Oct. 13. RSVP and sign up for child care by calling Edith Nolan at 784-6123.

Checks and money orders for payment can be given to any ESC board member or sent to the ESC at PO Box 2213, Fort Riley, KS 66442. Payments should include the person's name and phone number.

EFMP staff plans pumpkin trip

The Exceptional Family Member Program and New Parent Support Program staffs invite families to join them in a trip to the Pumpkin Patch from 10 a.m. to noon Oct. 28 at the Soldier and Family Support Center.

The event will promote socialization and family collaboration in support of one another. The event is free but participants are asked to RSVP by calling 239-9435 by Oct. 16.

Support group to meet monthly

The Exceptional Family Member Program Support Group will meet at the Soldier and Family Support Center, Building 7264, Oct. 10, Nov. 14 and Dec. 12.

For more information, contact the EFMP office at 239-9435.

SFSC offers funds class

The Soldier and Family Support Center will offer a Funds Custodian Class from 6 to 7:30 p.m. Oct. 18 to assist all Family Readiness Group fund custodians.

A new regulation governs FRGs and many of the changes affect the funds. The class will cover major changes and give fund custodians instructions on setting up income statements and monthly ledgers.

Pre-registration is required to attend.

Free child care will be available but parents must bring their child's shot record. Call 239-9435 to register.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

4,500 pounds of ingredients mixed for pies

By Anna Morelock
Staff writer

Eight thousand apples, 820 pounds of sugar, 320 pounds of flour and various other "secret" ingredients were heaped into pie crusts Sept. 25-28 in a dining facility kitchen at Fort Riley.

The result, more than 1,200 apple pies to be sold at Fort Riley's Apple Day and open house Sept. 30.

The annual fundraiser started out harmlessly enough 17 years ago with members of the Historical and Archaeological Society of Fort Riley serving apple cider and a few home baked apple pies during HASFR events, such as the annual tour of homes, Fort Riley's open house and Christmas events.

However, the demand for the secret recipe increased over the years and what had started out as a small apple pie fundraiser grew into an industrial operation.

In the kitchen Sept. 26, Soldier and civilian volunteers sat around a table cranking apple peelers, the skins twirling off into piles on the table. Other volunteers, who had what they said was the most important job, stood at tables slicing the peeled fruit and making sure no skins or seeds made their way into the pies.

On the opposite side of the kitchen, volunteers dipped their gloved hands into giant stainless steel bowls coming up with handfuls of spice-covered apples to heap into the overflowing pie pans.

That done, the pies were passed down the table, covered with topping and set to be wrapped for freezing and subsequent sale during open house.

HASFR already has sold 550 pies for

See Apple pies, Page 20

Apple frenzy



Post/Morelock
Soldiers from 101st Forward Support Battalion peel apples during one of the four days of pie making at a dining facility on post. The apple pies will be sold at Apple Day Sept. 30 for \$8 a pie.

Apple Day activities

Fun Run: The Open House will kick-off with a family fun run at the Old Bill statue at 8:30 a.m. Entry is free. The route will take runners on a 1-mile loop of historic Main Post.

Apple Pie Sales: The Historical and Archaeological Society of Fort Riley will sell frozen whole pies and baked slices of pies from the B-side of Custer House.

Expo Tent: Features a look at Soldier training and readiness, support links for Soldiers and their families, diverse and dynamic quality of life programs and activities, and community partnership agencies. The Expo Tent is located under a large canopy on Cavalry Parade Field.

Historical Tours: U.S. Cavalry Museum, the newly re-opened 1st Infantry Division Museum, A-side of Custer House, St. Mary's Chapel and self-guided walking tours of historic Main Post.

A Walk Through History: The Public Affairs Office will set up a tent with photographs, videos and music depicting America's military history from World War I through the Global War on Terrorism.

Emergency Equipment Display: Police response teams, military working dogs (demonstrations at 10:30 a.m., 12:30 p.m. and 2 p.m.), emergency medical and fire rescue will be on display.

Army Recruiters: Active duty, Army Reserve, National Guard and ROTC recruiters will feature interactive displays and attractions to provide information on various programs and incentives.

Commanding General's Mounted Color Guard: A living history mid-1800s cavalry encampment will feature authentic tents, period equip-

See Activities, Page 20

Paper sponsors essay contest

By Mike Heronemus
Editor

Fort Riley's newspaper staff is sponsoring an essay contest for students in fifth through eighth grades in post schools.

The contest is being conducted in conjunction with National Military Family Week Nov. 13-17.

Writers should compose an essay of no more than 300 words

expressing their opinions about the value of the military family.

Submissions can be hand-written, typed or created on a computer. They must be submitted to the Fort Riley Public Affairs Office, Building 405 on Main Post, before close of business Nov. 3.

Submissions can be mailed to Editor of the Post, Public Affairs Office, 405 Pershing, Fort Riley, KS 66442; delivered in person or

sent via e-mail to mike.heronemus@riley.army.mil. Mailed entries must arrive in the PAO by Nov. 3.

Each entry must contain the writer's full name, school, grade and home phone number.

The first- and second-place winners in each class will have their photos taken and printed with their essays in issues of the Post, beginning with eighth-

graders Nov. 9 and continuing with seventh-graders Nov. 17, sixth-graders Nov. 22 and fifth-graders Dec. 1.

Photos will most likely be taken at the student's school after coordination with his or her parents.

Mike Heronemus can be contacted at mike.heronemus@riley.army.mil or 239-8854.

Men don't have their facts straight

Survey shows people underestimate prostate cancer risk

By Kim Wheeler
IACH

A recent survey published by the Prostate Cancer Foundation revealed some disturbing results. In general, men don't have their facts straight about prostate cancer, and apparently, they aren't likely to ask.

Nearly three-quarters of those surveyed — 71 percent of men and 75 percent of women — believe that prostate cancer is less common among men than breast cancer is among women.

In fact, men are one-third more likely to get prostate cancer than women are to get breast cancer. It's the most common non-skin cancer in America and one of the greatest threats to men's health. And yet, most men in the survey — a whopping 73 percent — said they are concerned about the threat but have little



FOR YOUR HEALTH

knowledge of prostate cancer, even those who are at increased risk for the disease.

Prostate cancer will affect one in six men, about 234,000 this year alone, according to the PCF Web site. It is a cancer that occurs when the cells of the prostate begin to grow uncontrollably.

When the disease is caught in its early stages, it has a cure rate of more than 90 percent. But with a general lack of knowledge and a seeming hesitance among men to ask for more information, early detection isn't as common

as it could be.

Even early detection doesn't make the diagnosis any easier.

"Being diagnosed with prostate cancer can be a life-altering experience," the PCF Web site states. "It requires making some very difficult decisions about treatments that can affect not only the life of the man diagnosed, but also the lives of his family members in significant ways for many years to come."

Thirty percent of the men surveyed who were above the age of 50 — the age at which the risk for prostate cancer begins to increase rapidly — said

they are waiting for symptoms to develop.

However, according to the PCF, most men experience no symptoms at all in the early stages of the disease, when more treatment options are available. The key, then, to early detection is being aware of the risk factors for the disease.

"The older you are, the more likely you are to be diagnosed with prostate cancer," the PCF site states. "Although only one in 10,000 under age 40 will be diagnosed, the rate shoots up to one in 38 for ages 40 to 59, and one in 14 for ages 60 to 69. In fact, more than 65 percent of all prostate cancers are diagnosed in men over the age of 65."

Age isn't the only factor. The roles of race and family history weigh in, as well.

African American men are 61

See Cancer, Page 25

Fake calls target families

By Don Kramer
Fort Lewis NW Guardian

FORT LEWIS, Wash. (Army News Service) — The Army Human Resources Command is researching a particularly callous type of fraud aimed at military family members — false casualty notification calls to families of deployed Soldiers.

One such call took place in the Fort Lewis area within the past three weeks, according to Fort Lewis public affairs spokesman Joe Pick. Investigators intend to establish how widespread the practice is.

Fort Lewis Provost Marshal Col. Katherine Miller published an advisory to warn family members of this uniquely personal type of fraud. The advisory said someone who claimed to be affiliated with the Casualty Affairs Center gave a local family a false notification that a deployed Soldier had been wounded.

"These calls are fake," said the PM advisory, "made with the intent of harassing and exploiting our family members. While it is possible that a Sol-

See Calls, Page 26



Post, Army news briefly

Chapel plans Hallelujah Night

The Morris Hill Chapel Gospel Service congregation plans to sponsor Hallelujah Night from 5 to 8 p.m. Oct. 31.

The post-wide fall festival will take place at Morris Hill Chapel as an alternative to Halloween and trick or treating. The festival will provide a safe environment for kids to have fun with family and friends. Free food, games, inflatables and lots of fun for the whole family is planned.

For more information, call Morris Hill Chapel at 239-4814.

Thrift Shop plans sale

The Fort Riley Thrift Shop staff is cleaning out the store's closets, and that means great deals for shoppers at a side-walk sale 9:30 a.m. to 2:30 p.m. Oct. 5.

The Fort Riley Thrift Shop is located in Building 267 on Stuart Avenue.

Applications for the store's fall community distributions of profits are available at the store. Applications may be picked up during normal Thrift Shop hours: 9:30 a.m. to 2:30 p.m. Tuesday through Thursday and from 10 a.m. to 1 p.m. the first Saturday of each month.

For more information, call the Thrift Shop at (785) 784-3874.

Program staffs plan kickball

The Exceptional Family Member Program, New Parent Support Program and Youth Sports Program staffs invite parents bring their children up to age 12 play a game of kickball to start the fall season.

Games will be played from 3:30 to 5 p.m. Sept. 28 in the back yard of the Soldier and Family Support Center, Building 7264, weather permitting. Call 239-9435 by noon Sept. 27 to RSVP.

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STATE FARM INSURANCE
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Apple pies continued from page 19

the fundraiser during its pre-sale.

"If you want to get a pie now, you have to come early the day of," said Staci Roberts, Apple Day Pie Queen. "We do plan on running out. We run out every year."

As the Pie Queen, Roberts' job is to facilitate the pie making and most importantly to protect the secret apple pie recipe.

Legend has it the HASFR recipe originally belonged to Libby Custer, who had an apple tree in her back yard and decided to make pies with the fallen fruit, Roberts said.

"It's important because it is a true tradition," Roberts said of the annual pie-making fundraiser. "Fort Riley is a very old post... it's just steeped in tradition. We keep that treasured recipe and people know that their pie is going to be the same great pie every year," she added.

Over the years, HASFR has not only increased its apple pie productivity for open house, it has coordinated frontier life displays, such as basket weaving, bread making, operating an 1870 apple press, wood chopping, quilting,

gardening and food booths that showcase re-enactors wearing period costumes for the Apple Day activities that merged with the post's open house in 1996.

With the funds raised during Apple Days, HASFR supports Fort Riley's combined scholarship fund, maintains historical sites and buildings on post, assists the museum, supports a gift shoppe in the U.S. Cavalry Museum, maintains the Custer House and offers activities of historic interest to the entire Fort Riley community.

Apple pie fans can taste the fruit of the 300 volunteer pie makers' labor Sept. 30 at the Custer House, starting at 9 a.m. Whole frozen apple pies will be available for \$8 until supplies run out and individual slices will be served with ice cream.

Caroline Ingram contributed to this story.

Anna Morelock can be contacted at anna.morelock@riley.army.mil or 239-3032.

Activities continued from page 19

ment, uniforms and horses. Demonstrations of equestrian skills and saber drills at scheduled times (11 a.m. and 1 p.m.). Wagon rides will be offered throughout the day.

Period Re-enactors: Re-enactors and period entertainers will demonstrate pioneer and military skills appropriate to the era.

Live Entertainment: Bands will play on stage at the parade field throughout the day, including the 1st Infantry Division Band. The band Main Street will perform from 10 a.m. to noon. A Little Bit County, an all-Soldier band, will perform from 1 to 3 p.m.

Children's Activities: Inflatable attractions, carnival rides, face painting, jugglers and cyclists are some of the many activities geared toward children.

Obstacle Course: Children

can don camouflage face paint and negotiate a series of obstacles en route to a final objective.

Tactical Vehicle, Aircraft and Weapons Display: Interactive displays of modern military equipment and weapons systems will feature Soldiers from the 4th Infantry Brigade Combat Team and Combat Aviation Brigade who will explain systems capabilities and assist visitors in and through the displays.

Flyover: Combat aircraft will conduct a low-altitude flyover of the Open House site.

Weapons Firing: Using blank ammunition, visitors will have an opportunity to fire an array of military weapons to engage pop-up targets at various distances.

The event is open to the public. Visitors can enter the installation via Exit 301 off I-70.



(Left to right) Ashley Pitts, Tine Rude and Amber Valentín make room on their table to fill more pies Sept. 26 at a dining facility on post. The pie-making volunteers helped make between 1,200 and 1,500 pies to be sold at Apple Day Sept. 30.



Amber Valentín heaps apples into a pie crust Sept. 26 at Fort Riley. Valentín was one of about 300 Soldier and civilian volunteers that helped make the pies for the HASFR Apple Day fundraiser.

The volunteers worked over four days to make over 1,200 pies to be sold at Apple Day at the Custer House for \$8 a pie. Individual slices with ice cream also will be served at the Custer House that day.

Post/Morelock

4X4 LAND, INC.
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ADVANCED DENTAL ARTS
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MERCY REGIONAL HEALTH CENTER A
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2X4 Mercy Pumpkin Patch

POPINGO VIDEO
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FELDKAMPS OF JC
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Heartland Works Inc. opens Fort Riley office

Office helps spouses get back into work

Fort Riley PAO

A new office on Fort Riley is open to all military spouses trying to get back into the workforce.

Heartland Works Inc. offers a wide variety of assistance, free-of-charge, to include: skill assessment, GED training, first-time worker services, on-the-job training, interview assistance, career and job placement counseling, vocational training and support services, such as child care and transportation.

The Fort Riley center is located in Building 7264 on Normandy Drive in the Soldier and Family Support Center. The office is open from 8 a.m. to 5 p.m. Monday through Friday.

For more information, contact Lesa Crockett, career consultant, at (785) 762-9675.

The non-profit company, was granted up to \$500,000 from federal Workforce Investment Act funds to offer career counseling to military spouses in the communities of Fort Riley, Junction City and Manhattan.

Heartland Works Inc. was established in 1984 by the Service Delivery Area II Private Industry Council and Local Elected Officials. In 1994, the company changed its name to Heartland Works Inc. and developed the motto, "The bottom line is the client." With this "client-friendly" motto, the boards hoped to help market its non-profit program image.

The company has six locations that serve northeast Kansas. The administrative office is in Topeka. Other offices are in Atchison, Lawrence, Manhattan, Junction City and Fort Riley.

"Military spouses bring with them a culture of dedication and excellence, and because of this, many already have skills that are in high demand," said Kris Kitchen, executive director of Heartland Works Inc.

"The workforce centers will use this investment to make sure (the spouses) are finding the right jobs, the employers are finding the right workers and that we are helping fill any skills gaps that might exist by working with area educational institutions to provide the training," Kitchen said.

Families can 'shop' ACS lending closet

By Anna Morelock

Staff writer

When a Soldier arrives at Fort Riley on a Friday, but the truck carrying his household goods won't arrive until a few days later, he doesn't need to feed his family in restaurants or make them sleep on the floor.

He can visit the Army Community Service's Lending Closet in the Soldier and Family Support Center, and set up a temporary household while waiting for his own household goods to arrive.

Inside the massive closet, Soldiers can find just about everything they need to tide them over until their own things arrive. The shelves, which reach to the ceiling, are filled with toasters, pots and pans, plates, booster seats, silverware, cots and more.

To check out items, a Soldier needs an ID and a copy of the orders assigning them to Fort Riley. Soldiers who are moving to another installation also can use the Lending Closet, said Relocation Manager James Wade.

If the Soldier is getting ready for a Permanent Change of Station move and, Wade explained, "let's say his household goods have already been shipped and he still needs some pots and pans, stuff like that. Same thing applies."

With a copy of his orders and

an ID card, the PCSing Soldier can get the goods he needs until he clears post.

Soldiers can "shop" the Lending Closet anytime during its normal business hours — 7:30 a.m. to 4:30 p.m. To check out items, a Soldier needs to check in at the front desk of the Soldier and Family Support Center so a member of the relocation staff can assist them with their "shopping."

"If a family comes in and pretty much wants the full load, then the process takes maybe a half hour," Wade said. Soldiers new to Fort Riley also get a short briefing about ACS and the services and programs it offers.

Items can be borrowed from the Lending Closet for 30 days. If need be, Soldiers can get a 15-day extension beyond that.

When items are returned, they must look like they did when they were issued, Wade explained about the check-out process. "It's basically like a Soldier who gets his equipment from (Central Issue Facility)," he said. "When you turn those back in, they have to be

clean and serviceable. We ask for the same thing."

If an item is broken or ruined while checked out, Wade said, the Soldier is asked to replace the item. But, it's a case by case scenario, he said. "If it's a Soldier who's young in rank or just doesn't have the funds available to do that, it's not a very big issue that he replaces the items because they are expendable. But, we do ask that they try to," Wade said.

Since the 'Big Red One's' been coming back in, we've seen a steady increase in families that are using the lending closet," Wade said. With the influx of Soldiers, about 60 percent of the relocation staff's time is spent checking items in and out of the closet.

Anna Morelock can be contacted at anna.morelock@riley.army.mil or 239-3032.



Picerne offers scholarships

Picerne Military Housing

Picerne Military Housing is accepting applications for college and continuing education scholarships ranging from \$5,000 to \$40,000.

Picerne Military Housing's Family for Families First, the private, charitable foundation established to support educational goals of spouses and children of active duty Soldiers will award college scholarships in the amount of \$40,000 and educational grants of \$5,000 to spouses and children of active duty Soldiers stationed at Fort Meade, Bragg, Polk, Rucker and Riley.

The first scholarships and grants will be awarded for 2007. Applications are due Oct. 31, 2006.

Qualifying Army families do not have to live in Picerne Military Housing homes but must be stationed at one of Picerne Military

More information



For more information about the application process and to download forms, visit www.ourfamilyforfamiliesfirst.org on the Web.

Interested applicants may also call (401) 228-2836 or send email to info@ourfamilyforfamiliesfirst.org for more information.

Applications may be submitted to the foundation to Executive Director, Our Family for Families First, 6946 Post Road, Suite 300, North Kingstown, RI 02852.

tary Housing's five installations.

The \$40,000 scholarships are open to students ages 16 to 18. They must be applied to study at a four-year university or college and will be provided at a rate of \$10,000 per year for up to four years.

Applicants do not have to be

accepted to a university at the time of application. The scholarship will be awarded when the student begins his or her studies.

\$5,000 grants will be awarded to students in any phase of education in a community or technical college. It is an annual grant and students can apply annually.

Retiree appreciation day to be held

Staff report

The annual Retiree Appreciation Day Oct. 20 will provide retirees and their spouses from the region with information about retiree issues and updates on activities and services at Fort Riley.

The day opens at 8 a.m. in Riley's Conference Center and continues until 3:30 p.m. About 200 people usually attend the events.

Retired Maj. Gen. William M. Matz Jr. is scheduled as this year's keynote speaker. He is president

of the National Association of Uniformed Service and will address current issues of importance to retirees and their families.

Some of his speech will cover pending Congressional legislation of interest to members of the retiree community.

Other guest speakers in the morning session will include Col. Thomas "Ty" Smith, garrison commander at Fort Riley; Sheila Abarr, public affairs specialist for the Armed Forces Retirement Home; and Col. Dawn N. Smith, commander of Irwin Army Community Hospital.

A luncheon costing \$17.50 per person will be served to those who register for the luncheon by Oct. 6. To register, contact Retirement Services on post at (785) 239-3320 or 239-3667.

The afternoon session will include a health fair sponsored by IACH and a "County Fair" with information booths set up by local veterans organizations and area agencies.

The health fair will include blood pressure screening, cataract screening and a variety of health care maintenance counseling.

VARNEY'S
3 x 10.5"
Black only
3x10.5 Varney's

BUENA VISTA
3 x 10.5"
Black only
694564 The Guardian



Community news briefly

JCHS singers to host workshop

The JC Singers at Junction City High School will sponsor a "Sing and Dance" workshop from 8 a.m. to noon Oct. 14 for students in grades 4-8.

Workshop participants will receive a hat they will wear in a performance at the JCHS fall choral concert Oct. 17.

The \$10 enrollment fee covers costs of music and materials.

For more information, call the JCHS vocal music aide at 717-4263 or Mary Louise Stahl, JCHS vocal music instructor, at 717-4262.

Gymnastics classes offered

Gymnastics classes are offered Monday through Wednesday evenings at the Teen Center for \$35 monthly. The exhibition team meets on Thursdays for \$45 monthly.

For more information, call Central Enrollment Registry at 239-4847.

Society plans ghost tours

The Historical and Archaeological Society of Fort Riley has scheduled its 11th annual Ghost Tours for Oct. 29.

Tours will start at the Custer House. Cost is \$1 for those age 13 and older. Tickets will be on sale from 4 to 7 p.m. at the Custer House.

Stroller friendly walking tours will proceed through Main Post for about 1.5 to 2 miles, rain or shine.

Assoc. sponsors art, craft, show

The Kansas Chapter of the Armed Forces E-9 Association will sponsor an art, craft and antique show from 7 a.m. to 5 p.m. Oct. 21 at the National

Guard Armory, 18th and Jackson Streets, in Junction City.

Hourly prize drawings will take place and a drawing for three major prizes will take place at 3 p.m.

Vendor booths are available for \$30 per vendor. Each booth is 8 feet by 10 feet and includes one table. Electric hookup cost \$5 extra. Vendors may bring extra tables.

Interested vendors should contact Leland Robinson at (785) 238-5901 or via e-mail at lrtrreat@earthlink.net.

Space reservations with a check payable to KS Chapter AFE9A can be mailed to Robinson at 145 Rinrock Dr., Junction City, KS 66441.

Stories to feature school theme

September story times - 1:30 and 4 p.m. each Saturday - will feature stories about going to school.

Sometimes the teacher is a little nervous about her first day of school, too. "A Very Full Morning" wraps up September's school story times on Sept. 30.

The Fort Riley Post Library is located in Building 5306, Hood Drive, on Custer Hill. The library is open from 11 a.m. to 6 p.m. Tuesday through Saturday, and noon to 5 p.m. on Sundays.

For more information, call 785-239-5305.

Ranger program guides male teens

The Spiritual Ranger program is designed to help the middle school and high school age students transition from boyhood to godly manhood through a series of spiritual and physical training exercises.

Spiritual Rangers generally meet on the second Sunday of each month. Male adult volunteers are needed.

For more information, call Don Ericson at 239-0979.

Taking up residence at Fort Riley...finally

By Carolyn Burch-Menzies
Contributing columnist

It finally happened, suddenly and somewhat unexpectedly. We got a house on Fort Riley.

It was just about a month ago when it came to our attention that we had jumped abruptly from No. 56 to No. 2 on the housing list because we learned we could accept housing "as is" and paint and do some repairs ourselves rather than wait for it to be done.

We found out the same week that we had all the children in town at one time, had a renewal of our vows planned in Kansas City, and had school starting.

With four children, that means at least 10 teachers, four school secretaries, three principals, two or three school bookkeepers and at least several school bus routes and half a dozen phone numbers to learn and write down in the appropriate places.

Then there were flights to book because two of our six children are not here year-round.

And then, we're moving in the very same week and, surprise, I'm dealing with my first military move nearly on my own.

Doing that apparently is old hat to most Army wives, but not to me.

...

The movers come and are rude to me. So I cry when they yell at me and break things.

The air conditioning goes out in our old house and the landlady, angry because we have decided to move onto post, doesn't fix it until after we move out. We and the movers suffer in the 90 degree heat. As a result, they pack horribly.

I am told repeatedly that I am basically not as important as the sponsor in this whole move and he must be there for certain aspects and to sign for most things.

About the author

Carolyn Burch-Menzies is a freelance writer, columnist and a new, rather-green Army wife. She and her husband recently arrived at Fort Riley. She has written for Ladies Home Journal, Woman's Day and Romantic Homes magazine. Burch-Menzies is an occasional contributing columnist for the Post. She can be reached at wrmsis2003@yahoo.com.



I cry every time I hear it, feeling somehow I have lost some important part of my identity in all this. He is not around most of the time and certain things are postponed that should not be postponed.

Our formal wedding date, for example, has been changed, cancelled and then changed a fourth time since he and I have been together. I am beginning to lose my sense of reality, not to mention the desire to remarry him at all; though, of course, it is too late for that now.

...

Concerned relatives who have bought non-refundable tickets and see the wildish look in my eye and note the new tires on my car anxiously hold my hand and try to console me.

My husband phones during packing day to say he will be in a "TALK" for most of that time period and to ask how I am holding up.

I have just broken two fingers in the moving process and am in a lousy mood. "What can you possibly need to 'TALK' about that you need to be in a building for most of our move and wedding?" I scream.

I realize too late I have become a 30-something bridezilla and it is not becoming on me. The children are amused and horrified at the same time.

I am a 30-something bride

determined to have a real, honest to goodness church wedding for once in my life, and I am standing in a flurry of satin being fitted (again) and stamping my foot like a pouty child.

"It's TOC - Tactical Operation ... - he tries to explain an Army abbreviation for the thousandth time. This time, I am in no mood for it.

"I don't care what it stands for. Leave now or I'm coming down there to that tent in this dress and do something terrible!" I scream into the phone. Clearly, I have lost it at this point, and I think he was aware I might just do it.

...

Because he took leave at the last minute and we left late for Kansas City without completing our move, we had just one day for the wedding and reception and to take all the children to Worlds of Fun, as we had promised them, for our honeymoon.

We put the ones flying out on planes the following day, so "chaotic" really described the whole thing. Because of the chaos in planning everything, we didn't discover that the airlines had double-charged us for a set of the plane tickets until we departed for Kansas City.

Our wedding pictures show none of the children's feet. We planned to buy wedding shoes for the two littlest ones en route to save time.

Turns out, our credit card declined at the shoe store, and that was how we discovered an extra \$500 charge for plane tickets. So, to keep the children all matching, none of them wore shoes.

After the wedding day and the trip to the airport, it was move-in day - also a special day for us. It was our first official day in our new home on post. For me, it was my very first official day living the Army life as an Army wife on an Army post.

...

We had spent a few days in the house, but somehow a home is not really yours until you have your things and boxes and all in it, such as it is. This house for the first time became home.

We could have waited. We could have postponed the wedding again, could have postponed the move until the Ellis Heights area was completed.

There were many choices that could have been made differently, in retrospect. But we had put things off long enough, and I figure we are humble people and don't really need those fancier houses.

Now was the time, and so, finally, here we are, residents of Fort Riley at long last.

...

Settling onto this post, into this older housing on these old, old hills of Kansas territory reminded me of how many women have come before me and probably felt just as I do. It is a long tradition of women and children and military families living not just beside their men but, as I am now beginning to understand it, living beside women in your same sort of boat. And it is a whole different world from the one that lives just outside our stone gates.

More about that in a following column.

DEALERS FINANCIAL
6 x 10.5"
Black Only
1/2 page w/ 1 color



Post/Heronemus

Talking books, experiences

Vietnam War veteran and author of "Back from War" Lee Alley (right) talks with 1st Sgt. John Smith, Headquarters and Headquarters Company, Combat Aviation Brigade Sept. 22 while Alley was selling and signing copies of his book in the PX food mall. Standing with Alley is his publicist, Stanley Young. Alley, who lives and works in Wyoming, wrote a book that presents a few of the stories he's learned about the emotional ravages war has on Soldiers and their immediate family and how they learned to cope.

Community news briefly

Domestic violence to be addressed

October is nationally recognized as Domestic Violence Prevention Month. Answers to questions about domestic violence will be addressed from 9:30 a.m. to 3:30 p.m. Oct. 3 at Fort Riley by Deborah D. Tucker, former co-chair, Department of Defense Task Force on Domestic Violence.

Tucker is executive director of the National Center on Domestic and Sexual Violence in Austin, Texas. She has an extensive background in family violence and child protective services, is a founding board member of the National Net-

work to End Domestic Violence Fund, is a consultant to the Department of Defense Academy of Health Sciences, and is vice-chair of the Governor's Victims of Crime Advisory Council.

The event is free and open to the public, but those wanting to attend must RSVP to Family Advocacy Program representatives by Sept. 30. For information or reservation, call 239-9435 or visit the Family Advocacy Program.

Youth classes, activity scheduled

Child and Youth Services at Fort Riley have scheduled the

following classes and activity:

Sept. 30 – 7 to 9 p.m., Parent's Advisory Meeting, "Family Day"

Oct. 9 – 9 a.m. to 3 p.m., Red Cross babysitting class; 3:30 to 5:30 p.m., Home Alone Training. For more information, call CYS at 239-9173.

Free auto repair class offered

The Fort Riley Auto Skills Center on Custer Hill will offer a free advanced auto repair class from 6 to 7 p.m. Oct. 12.

For more information, call the Auto Skills Center at 239-9764.

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BRIGGS AUTO LANE
6 x 10.5"

6x10.5 Full Color Briggs Yard



Cancer

continued from page 19

percent more likely to develop prostate cancer compared with Caucasian men and are 2.5 times more likely to die from the disease.

Men with a single first-degree relative (father, brother, son) with a history of prostate cancer are twice as likely to develop the disease, while those with two or more relatives are nearly four times as likely to be diagnosed.

The risk is even higher if the affected family members were diagnosed at a young age, with the highest risk seen in men whose family members were diagnosed before age 60.

While genetics appear to play an important role in deciding why one man might be at higher risk than another, according to the PCF, social and environmental factors, especially diet and lifestyle choices, can have an effect, as well.

Recent research has shown that diet modification might decrease the chances of a man developing prostate cancer, reduce his likelihood of have a recurrence if he is diagnosed with the disease and can even help slow the progression of the disease.

Though it doesn't prevent the disease, screening for prostate cancer can help catch it in its early stages, before symptoms develop. Screening for prostate cancer can be performed quickly and easily in a physician's office, states the PCF Web site. Two tests can be used: the prostate-specific antigen blood test, or PSA, and the digital rectal exam.

"PSA is a protein produced by the prostate and released in very small amounts in the bloodstream," the site explains. "When there's a problem with the prostate, such as when prostate cancer develops and grows, more and more PSA is released, until it reaches a level where it can be easily detected in the blood."

During a PSA test, the patient has his blood drawn and his PSA level is

More information

Additional information about prostate cancer can be found in the Report to the Nation on Prostate Cancer: A Guide for Men and Their Families. You can read the entire guide online, order a paper copy or download the guide in .pdf format by visiting www.prostatecancerfoundation.org/guide.

measured. While abnormal PSA levels – high or low – can indicate the presence of prostate cancer, they also can be a symptom of other prostate problems. That is why the DRE is used, as well. This exam allows doctors to detect irregularities in size, shape and texture of the prostate to help them distinguish between prostate cancer and non-cancerous conditions.

The American Cancer Society recommends that the PSA and DRE be offered annually, beginning at age 50. Men at high risk, such as African American men and men with a strong family history of the disease, should begin testing at age 45.

Once prostate cancer is detected, patients have an important decision to make: which treatment option to use.

There is no one-size-fits-all treatment for prostate cancer, according to the PCF Web site. "Each man must learn as much as he can about various treatment options and, in conjunction with his physician, make his own decision about what is best for him."

"For most men, the decision will rest on a combination of clinical and psychological factors. Men diagnosed with localized prostate cancer today will likely live for many years, so any decision that is made now will likely reverberate for a long time."

Treatment options

The PCF Web site lists several treatment options, including:

- **Active surveillance,** or

"watchful waiting," has increasingly emerged in the past years as a viable option for men who, for whatever reason, have opted not to undergo immediate surgery or radiation. The cancer is monitored carefully for signs of progression. A PSA blood test and a DRE are given every six months with a yearly biopsy of the prostate. If symptoms develop, or if the tests show that the cancer is growing, further treatment is discussed. This method of treatment could be a good option for men who have very slow-growing or very early cancers, or for men who suffer from other serious medical conditions, especially if these conditions are likely to shorten their lifespan.

- **Prostatectomy.** Prostatectomy is surgery that can be used to remove all or part of the prostate. Typically, men with early-stage disease or cancer that is confined to the prostate will undergo surgical removal of the entire prostate gland, plus some surrounding tissue. There are other surgical procedures available to men with advanced or recurrent prostate cancer.

- **Radiation** Radiation involves the killing of cancer cells and surrounding tissues with directed radioactive exposure. The most common kind of radiation therapy is external beam radiotherapy. CT scans and MRIs are used to "map out" the location of tumor cells, and x-rays are targeted to those areas, delivering the highest dose of radiation to the cancer cells within the gland. Because radiation therapy is far more precise, higher and more effective doses of

radiation can be used with less chance of damaging surrounding tissue. Treatment courses usually run five days a week for seven to eight weeks and are typically done on an out-patient basis.

- **Hormone therapy.** Hormone therapy is designed to stop testosterone from being released or to prevent the hormone from acting on the prostate cells. Prostate cancer cells are just like all other living organisms; they need fuel to grow and survive. Because the hormone testosterone serves as the main fuel for prostate cancer cell growth, it is a common target for therapeutic intervention in men with prostate cancer. The majority of cells in prostate cancer tumors respond to the removal of testosterone. But some cells grow independent of testosterone and remain unaffected by hormone therapy. As these hormone-independent cells continue to grow unchecked over time, hormone therapies have less and less of an effect on the growth of the tumor. Hormone therapy isn't a perfect strategy in the fight against prostate cancer and does not cure the disease. But it remains an important step in the process of managing advancing disease and will likely be a part of every man's therapeutic regimen at some point during his fight against recurrent or advanced prostate cancer.

Although each of this option is effective at controlling prostate cancer growth, the loss of testosterone confers significant side effects in nearly all men.

While these are the most commonly approved treatments, there are other treatment options, according to the PCF. Ongoing studies and research tests are being conducted to find even more options for prostate cancer patients.

The key to ensuring recovery is to detect the disease in the first place.

For more information about prostate cancer and what you can do to help protect yourself, talk with your doctor at Irwin Army Community Hospital.

Community news briefly

Support Center activities listed

The following classes are scheduled at the Soldier and Family Support Center:

- Oct. 10 – 8 a.m. to 5 p.m., first-term Soldier financial readiness class

- Oct. 11 – 9 a.m. to noon, checkbook management, banking services and basic budget development class; 1:30 p.m., Permanent Change of Station briefing – Germany

- Oct. 13 – 8:30 a.m. to noon, Newcomer's Orientation

For more information on these classes, call the Soldier and Family Support Center at 239-9435.

Dance classes offered

Child and Youth Services and the SKIES program offers dance classes at the Teen Center, Building 5800. Classes will be held on Wednesdays. Enrollment is \$35.

Introduction to Ballet/Creative Movement is a beginning dance class incorporating ballet. Classes from 6 to 6:45 p.m. and 7 to 7:45 p.m. are open to children ages 5 through 9. Daytime Dance Dynamos is a combination of dance and tumbling. Classes for children ages 3 to 4 will be held from 3 to 3:25 p.m. and 3:30 to 3:55 p.m. Classes for children ages 5 to 7 will be held from 4 to 4:45 p.m. and 5 to 5:45 p.m.

Children currently enrolled in SAS may participate with a signed permission slip.

Participants must be registered with CYS to participate

and can enroll at Central Enrollment Registration, Building 7434. A current sports physical is required.

For more information, call 239-4847.

Youth groups meet Sundays

Chapel youth groups for middle school and high school students meet on the first, third and fourth Sundays of the month in the basement of St. Mary's Chapel, Building 3, on Main Post.

The middle school youth meet from 5 to 6:30 p.m. The high school youth meet from 6:30 to 8 p.m. Activities will include a devotional, food and games.

Adult volunteers are needed to help with this ministry.

For more information, call Sister Carolyn Juennemann at 239-4815 or Don Ericson at 239-0979.

Bible lunch group planned

Every Tuesday during the school year, a free lunch and short devotional are offered to Junction City High School students. Students will be picked up in the parking lot in front of the Junction City High School band room at the beginning of each lunch period or students can drive or walk to the First Southern Baptist Church on Eighth Street.

For more information about Bible Lunch Tuesday, call Don Ericson, Protestant director of religious education, at 239-0979.

THURSTON LAW FIRM, CHTD.
2 x 3"
Black Only
2x3 Thurston Sept. TF

MANHATTAN BAPTIST CHURCH
2 x 2"
Black Only
2x2 Man Baptist Church

DOE'S EAT PLACE
2 x 4"
Black Only
2X4 Doe's 9/15

FIRST ASSEMBLY OF GOD-MANHATTAN
2 x 4"
Black Only
2x4 1st Assembly/God Sept. TF

GTB CUSTOM MEATS, LLC
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ALCO
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CSC AFC
2 x 5"
Black Only
712150 contract field team

WHISKEY CREEK WOOD FIRE GRILL
2 x 4"
Black Only
2x4 Whiskey Creek



Community news briefly

Rally Point lists activities

Oct. 7 – midnight to 4 a.m., late nite hip hop with DJ Monroe

Oct. 13 – midnight to 4 a.m., late nite hip hop with DJ Monroe

For more information, call Rally Point at 784-5434

Crafts center lists activities

Oct. 8 – 1 to 2:30 p.m., Scrap Booking Workshop

Oct. 9 – 6:30 p.m., Sewing

Oct. 9 – 6:30 p.m., Stained Glass

Oct. 9 – 7 p.m., Crochet

Oct. 10 – 6:30 p.m., Stained Glass

Oct. 10 – 6 p.m., Matting and Framing

Oct. 11 – Noon to 1 p.m., Make it, Take it

Open hours for using the Arts and Crafts Center's wood shop, ceramics studio, matting and framing studio, computer lab, photography lab and doing stained glass, sewing, quilting, basket weaving and leatherwork are:

Monday and Tuesday from 1 to 8:30 p.m.

Wednesday from 9 a.m. to 4:30 p.m.

Saturday and Sunday from 9 a.m. to 4:30 p.m.

For more information, call the Arts and Crafts Center at 239-9205.

FCC seeks providers

More home childcare providers are being sought from among post residents.

Requirements to be a family child care provider include the successful completion of background clearances on all family members over age 12 living in the home, the ability to read, write and speak English effectively, the ability to interact with children in a loving, positive and developmentally appropriate manner, being 18 years of age or older and living in on-post housing.

Family Child Care holds an orientation meeting the second Thursday of each month from 2:30 to 3:30 p.m. at Child and Youth Services, Building 6620.

For more information, call the FCC representative at 239-9892.

ANDREWS & ASSOCIATES
1 x 2"
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FIRST PRESBYTERIAN
CHURCH
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Calls continued from page 19

dier may be injured or killed in combat, casualty notification is always handled in a professional and caring manner."

The post's chief law enforcement officer published the advisory because false notifications are considered harassing telephone calls, a crime in that state.

The Fort Lewis Casualty Assistance Center manages local notifications. The CAC chief, Patricia George, stressed that notifications to loved ones are easily verified. In the case of an injury, the Soldier will personally call the family if he or she is able. If not, the Casualty and Memorial Operations Center in U.S. Army Human Resources Command will call the family.

The center provides the family a toll-free telephone number to get more information about the Soldier's condition.

There will always be a follow-up call from HRC, George said. That call "will ask for information from them in case the physician feels it's appropriate for that family member to be there to help with the recovery of that Soldier. They need information to do invitational travel (orders) and to help with passports."

Death notifications, George said, are never made by phone.

"They should never get a call," George said. "We will never make notification of an active duty death by telephone, ever. There are no circumstances that we would do that ... If you get a telephone call (about a death), it's not a real notification."

In most cases, two Soldiers arrive to deliver the news of a Soldier's death. A chaplain will accompany the notification officer when possible.

George and her staff routinely advise family members of noti-

cation procedures during pre-deployment briefings and often speak at family readiness groups. The CAC chief said the system worked in the case of the local false notification. A suspicious family member recognized the signs of fraud and followed up with authorities.

In another part of the country, a family member's home reportedly was burglarized after she left in response to a call to go immediately to a government agency for casualty details.

In other incidents, family members have been asked for money for funeral or memorial expenses. "There should never be any exchange of money for any of this," George said. The Army makes arrangements for parents and next-of-kin to attend services without paying up front.

George stressed that Soldiers can help ensure notifications are timely and accurate by correctly filling out and updating emergency data on DD Forms 93.

Outdated addresses or post office box numbers instead of street addresses make it difficult, she said, for notification personnel to perform their duties within the guidelines set by HRC.

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ARMED FORCES BANK
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b13 Armed Forces Bk Ad

ALEX'S AFFORDABLE EYE-
WEAR
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Black Only
b2 Alex's Eyewear

COTTONWOOD THEATERS
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Black Only
b3.cottonwoodTF.9/1.4378.1k

SALINA POWERSPORT
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Black Only
b6.it.alliansmotor.9/13.52801k

Classified Runcover
3 x 21.25"
Black Only





Classified





Travel & Fun in Kansas

Page 28

America's Warfighting Center

Friday, September 29, 2006

Leisure time ideas

At the movies:

Doors open at 6:30 p.m. Tickets cost \$3.50 for adults and \$1.75 for children 11 and under. Children under the age of 5 are free except during children's matinees or expected sell-outs.

Oct. 1 — How to Eat Fried Worms, PG, 84 min.

Oct. 5 — Accepted, PG-13, 93 min.

Oct. 6 — Material Girls, PG, 99 min.

Oct. 7 — World Trade Center, PG-13, 129 min.

For more information, call 239-9574.

Junction City:

What: Mystical Arts of Tibet, mandala sand painting and stage performance

When: Nov. 2-5

Admission: Entry to the mandala is free; tickets to the performance are \$20, \$1 of each ticket sale will go to the AUSA's Wounded Soldier Fund. For tickets call the Arts Council at (785) 762-2581 or stop by 107 W. Seventh St.

Web site: www.mysticalart-sofibtet.org

Manhattan:

What: Ballet Folklorico de Mexico. Performer of an internationally acclaimed company known for its power and diverse choreography as well as for its lavish costumes, breathtaking sets and some of the most beautiful music in the world.

When: 7:30 p.m. Oct. 1

Where: McCain Auditorium, Kansas State University

Admission: \$25 for public, \$12.50 for students and children, \$23 for seniors, faculty and military

Phone: (785) 532-6428

Web site:

www.ksu.edu/mccain

What: Guitarist Robert Belinic. Acclaimed by New York press as a consummate musician of grace and stature who turns mere notes into magic, Croatian guitarist Belinic brings a sense of theater to his performances.

When: 7:30 p.m. Oct. 6

Where: McCain Auditorium, Kansas State University

Admission: \$16 for public, \$8 for students and children, \$14 for seniors, faculty and military

Phone: (785) 532-6428

Web site:

www.ksu.edu/mccain

Clay Center:

What: Potique Fall Festival and Parade. Parade, 10K run/walk, arts and crafts, food booths and kiddie parade.

When: Sept. 30

Where: Downtown

Phone: (785) 632-5674

Web site: http://www.cck-ansas.org

Lawrence:

What: Fireworks, hailed as "the hottest new classical band in New York," in its performance of Cartoon.

When: 7 p.m., Sept. 30

Where: 1600 Stewart Dr., Lied Center of Kansas

Phone: (785) 864-2794

Web site: www.lied.ku.edu

Tickets: On sale at the Lied Center Ticket Office, (785)

864-287; the University Theatre Ticket Office, (785) 864-3982; SUA Office, (785) 864-SHOW; any Ticketmaster outlet, (785) 234-4545; or online at www.lied.ku.edu

Admission: Public \$28 and \$23; children 10 to 18 years, \$14 and \$11.50; senior citizens (62 and over), \$27 and \$22.

Boo!



Courtesy art

'City that refused to die' hosts tours

Atchison Chamber of Commerce

Once known as "the city that refused to die," Atchison continues to live and be characterized by its residents who have reported unique sightings and unexplainable incidents within their homes.

Visitors can experience first-hand "the most haunted town in Kansas," dubbed such by author Lisa Hertz who wrote the book "Haunted Kansas."

This year's activities will include actual psychic readings in a Victorian mansion, "History & Mystery" walking tours through a remarkably historic neighborhood, tombstone rubbings in Mount Vernon Cemetery and tours inside one of the private homes featured on the "Haunted Atchison" trolley tour.

These activities are offered various Saturdays throughout September and October. Reservations are required. Spaces recently still available were for Oct. 23 (21 tickets), Oct. 24 (64 tickets), Oct. 25 (23 tickets) and Oct. 31 (64 tickets).

Reservations can be made 8 a.m. to 5 p.m. Monday through Friday by calling (800) 234-1854. Cost is \$10 per person.

The "Haunted Atchison" Trolley Tour take an hour with the guide narrating the ghostly tales that has earned Atchison the distinction of being "the most haunted town in Kansas."

The trolley ride takes visitors along brick streets and past scores of grand Victorian homes as a narrator recounts stories of unexplainable incidents that have occurred inside many of them.

Tours start and end at the Santa Fe Depot, 200 S. 10th St.

Visitors also can have a psychic reading conducted in the parlor of the Muehnic Art Gallery, an impressive Victorian mansion. Cost is \$22 for a 15-minute reading.

They also can view "Spirit of the Mask," an exhibition of over 100 masks from five continents, 40 countries and a dozen Native American tribes, from the collection of Carla The gallery will be open from 2 to 5 p.m. and from 6 to 8 p.m. for the psychic readings and the exhibit Oct. 13-14 and Oct. 20-21.

Visitors also can take the trolley on an excursion to historic and picturesque Mount Vernon Cemetery. The cemetery dates to the Civil War era and is the final



Courtesy photo

One stop on the "Haunted Atchison" trolley tour is this home at 701 N. 5th St. Previous homeowners have heard noises and experienced many unusual incidents in the home.

resting place of many notable early day Kansas statesmen and Atchison's business leaders who built its impressive Victorian homes.

This program includes a tombstone rubbing demonstration, a discussion of symbolism used on 19th century gravestones and some history about the notable people buried at Mount Vernon. The program begins and ends at the Santa Fe Depot from 1:30 to 3 p.m. Oct. 7 and 21. Cost is \$15 per person and includes supplies for tombstone rubbing.

Visitors can venture inside one of the homes featured on the "Haunted Atchison" trolley tour and hear the residents relate unexplained phenomena that have taken place in the home. Purchase your ticket on the day of the tour at the Santa Fe Depot, where you will receive directions for the featured home of the evening, with visits scheduled from 7 to 8:45 p.m. Oct. 7, 14, 21 and 28.

Cost is \$3 per person when purchasing a "Haunted Atchison" trolley ticket.

Beyond typical ballet to perform at McCain

By Sara Shellenberger

Kansas State University

MANHATTAN, Kan. — Kansas State University's McCain Performance Series will present the colorful Ballet Folklorico de Mexico de Amalia Hernandez at 7:30 p.m. Oct. 1, in McCain Auditorium.

Internationally acclaimed for its costumes, sets and music, the

company explores the history, traditions and customs of Mexico through the diverse choreography of its founder, Amalia Hernandez. The Ballet Folklorico de Mexico uses color and movement to present the excitement and sensuality of traditional Latino dance.

Tickets cost \$25 for the public; \$23 for senior citizens, military and KSU faculty; and \$12.50 for KSU students and children.

Tickets can be purchased at <http://www.k-state.edu/mccain> or by calling the McCain box office at (785) 532-6428 between 11 a.m. and 5 p.m. weekdays.

Before the show, Friends of McCain will sponsor a Taco Tequila party to celebrate the food and culture of Mexico. The event begins at 5:30 p.m. at K-State's Marianna Kistler Beach Museum of Art and is open to the first 125

people. Cost will be \$10 per person.

Additionally, a pre-performance lecture exploring the tradition and culture of Mexican dance will be given by Joyce Yagerline, K-State associate professor of dance, at 6:30 p.m. in 204 McCain. This event is free and the public is welcome.

Odd Couple opens at MAC

Manhattan Arts Center

Neil Simon's "The Odd Couple" opens at 8 p.m. Sept. 29 at the Manhattan Arts Center. Additional performances are Sept. 30 through Oct. 1 and Oct. 5-8.

Thursday performances begin at 7:30 p.m., Friday and Saturday performances start at 8 p.m. and the curtain goes up on Sunday performances at 2 p.m.

Miriam Climenhaga directs this comedy about Felix Ungar, a neurotic neat freak, and Oscar Madison, a chronic slob. When Ungar's wife throws him out of their house, Ungar moves in with Madison.

Through witty banter and hilarious situations, the two attempt to answer the age-old question: "Can two divorced men share an apartment without driving each other crazy?"

Bringing this well-loved play to life will be Charles Faulk as Felix, Frank Siegle as Oscar, Paul Berger as Speed, Patrick Burton as Murray, Larry Marcellus as Roy, Kim Riley as Vinnie and Mary Tolar and Madison Krebbel as the Pigeon sisters.

Tickets are \$13 for adults, \$10 for students and \$6 for children. A military discount available with ID. Student walk-ins Thursdays and Sundays pay \$5.

Patrons can order tickets and choose seats online. Visit www.manhattanarts.org on the Web, send e-mail to boxoffice@manhattanarts.org or call 537-4420 for more information.

The Manhattan Arts Center is funded in part by the Kansas Arts Commission, a state agency, and the National Endowment for the Arts, a federal agency. Additional funding comes from the City of Manhattan and MAC members and friends.

K-State to offer Sawyer talk

By Michelle Hall

Kansas State University

MANHATTAN, Kan. — An upcoming presentation at Kansas State University may be the answer of why Mark Twain's "The Adventures of Huckleberry Finn" is considered a classic but his "The Adventures of Tom Sawyer," are not.

Beverly Lyon Clark, professor of English at Wheaton College, Norton, Mass., will speak on "Why I Love and Hate Tom Sawyer" at 4 p.m. Oct. 13 in Room 212 at the K-State Student Union. The presentation is free and open to the public.

Clark is editing the Norton Critical Edition of Twain's "The Adventures of Tom Sawyer."

"In the 19th century, each book received as much acclaim as the other," Phil Nel said of "Sawyer" and "Finn," so why does "Tom Sawyer" get less acclaim today? Nel, associate professor of English and director of the graduate program in children's literature at K-State, said Clark will provide a fresh look at the famous American novel.

Clark's talk is part of the English department's fall visiting writers and speakers series and celebrates the start of K-State's master's program in children's literature.

All presentations are free and open to the public.

